

## **CAMP SCRIPPS**

### **WHAT TO BRING? SEASONED CAMPERS SUGGEST:**

#### **Photos**

- If you did not upload your photo when you registered, please bring a photo of yourself to our Camper Identification Station in the foyer. You are welcome to share photos of your loved ones, home, pets, best vacation shots, or art pieces (which are great for decorating your room door).
- Materials for the workshops you plan to attend (see separate listing).

#### **For your comfort**

- A reusable water bottle (in “going green”, we have cut down on disposables; you can fill your bottle from filtered water dispensers in the dorm lobby). You can also bring your favorite mug for coffee/tea if you prefer not to use disposables.
- Sunblock, sunglasses, sunhat, flip-flops, insect repellent. Many events are outdoors – days will almost certainly be very hot and sunny, and nights may be cool. Scripps women are always prepared!
- Cooling devices such as spray bottle fans and coolant necklaces.
- Tissues and toiletries (i.e. soap, shampoo, conditioner, lotion).
- Antihistamines (Claremont’s verdant glory can be an unexpected challenge to your respiratory system).

#### **For your residence hall**

- Clothes hangers.
- A large thirsty towel (to supplement the standard-issue, kind-of-thin, and definitely tiny one provided with your room).
- Beds are twin XL size. If you feel the dorm standard-issue set (sheets, pillow and case, blanket, towel, hand towel, and washcloth) provided at Camp check-in would be skimpy or not meet your needs, provide your own sheets, mattress pad, blanket, and your favorite pillow.
- Room and door décor: pictures, cartoons, or anything else that would make an empty dorm room cozier (plus blue painter’s tape to hang them). Dry erase marker and push pins (the outside of your room door has a small white/cork board you can decorate).
- Alarm clock, iPod, radio, and other items for your personal soundtrack. Power strip or extension cord.
- Eye mask or earplugs.
- Reading light, if you feel the lighting in your room won’t be ideal.

#### **For life on campus**

- A tote bag or small backpack for carrying stuff around while at Camp.
- Flashlight - although walkways are lit at night.
- Pens or pencils and paper or journals to record thoughts.
- Sports gear/exercise clothes (including sunblock, hat, and water bottle, if appropriate) for swimming, walking tours, exercise workshops, and dancing workshops.
- Folding chair for sitting on the lawn if that’s what you like to do.
- Water toys (water pistols, etc.) for play on the lawn in the heat.
- Tools of expression: musical instruments, art materials, colored & metallic pens, props, feather boas, wigs, outrageous jewelry, and tiaras.

***Remember the Camp Motto: Everything Possible, Nothing Required***

## SPECIFIC ITEMS FOR CAMP SCRIPPS 2026

**Dress up!** This year's Friday night theme is: Boob Tube to YouTube. Dress accordingly (showing your boobs is NOT required, in case you're wondering...) You can request a song (associated with a show) to be played, or for you to perform to, or possibly karaoke. The form to submit song requests is here (and will also be available in Toll foyer during Camp:

[Song Request for Boob Tube to YouTube](#)

### Ongoing projects and activities:

- Money – for Campership Raffle, Java Walk to the Village, California Botanic Garden, Camp Extension field trip, and dinner (if you're going).
- Books and/or plant cutting – for the sharing tables.
- Photos, objects, anything you would like to help memorialize someone in the Honoring Space, and/or **Death, Dying and the Whole Damn Thing**.
- Anything with dragonflies for putting on your door or wearing. If you have any you want to give away, add it to the Dragonfly Exchange table.

### Supplies for Workshops:

(You don't need anything to participate, but these are things that might add to the workshops.)

#### *Art Supplies:*

- **Door Decoration** – something to personalize your signs, if you like
- **Soapmaking:** Lavender or rose petals or fine sand, if you want
- Kneadable art erasers, dye or solvent ink pads, or journals, if you have them, for **Texture Hunting**
- Thimbles, large eyed sturdy needles if they have them, and any special buttons for **Button Bracelets**
- Garden or pruning scissors, an awl, if you have them, for **Basket Weaving**
- Either a shirt that can get dirty or an apron, and a hand towel would be beneficial for **Air Dry Clay**
- A pre-washed dark or medium dark cotton tee shirt (or apron, pillowcase, table cloth) for **Nature Printed Camp T**

#### *Physical Workshops:*

- Pickleball paddles and tennis shoes for **Pickleball**
- Swimsuit for **Water Aerobics**
- Tennis racket if you have one for **Serving Up Some Fun**

#### *Literary/Intellectual:*

- Writing materials such as notebook and pen for **The Art of Brevity, Poems that Invite Us In, Flipping "What-if on Its Head, Your Body is a Truth-Telling Machine, What Is Retirement?, Legacy Designs, Dreams: The Language of Spirit;** or for anything else where you might wish to take notes
- Laptop, tablet, or phone for **You and Your AI Best Friend**
- Their copy of "*Hamnet*" for **Shakespeare Then and Now**
- regrettable or fun recipes from your childhood you would like to share for **Skid Row Stroganoff**
- Your library card number (if you have one!) and a mobile device for **Use It Or Lose It**

*Spiritual/Personal:*

- Comfortable clothes, a pillow or blanket for meditation

*Group Activities:*

- Your words, Camp Spirit, and a good sense of humor for **Wordsworthy Women**
- A caftan for the **Thursday Meet and Greet Happy Hour**, as well as your favorite libation, alcoholic or otherwise (and recipe, if you concocted it yourself!) with your name on it
- Anything you'd like to show off in order to entertain and/or befuddle fellow campers for the **Grand Finale**

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