#### CAMP SCRIPPS WHAT TO BRING? SEASONED CAMPERS SUGGEST:

#### Photos

- If you did not upload your photo when you registered, please bring a photo of yourself to our Camper Identification Station in the foyer. You are welcome to share photos of your loved ones, home, pets, best vacation shots, or art pieces (which are great for decorating your room door).
- Materials for the workshops you plan to attend (see separate listing).

# For your comfort

- A reusable water bottle (in "going green", we have cut down on disposables; you can fill your bottle from filtered water dispensers in the dorm lobby). You can also bring your favorite mug for coffee/tea if you prefer not to use disposables.
- Sunblock, sunglasses, sunhat, flip-flops, insect repellant. Many events are outdoors days will almost certainly be very hot and sunny, and nights may be cool. Scripps women are always prepared!
- Cooling devices such as spray bottle fans and coolant necklaces.
- Tissues and toiletries (i.e. soap, shampoo, conditioner, lotion).
- Antihistamines (Claremont's verdant glory can be an unexpected challenge to your respiratory system).

# For your residence hall

- Clothes hangers.
- A large thirsty towel (to supplement the standard-issue, kind-of-thin, and definitely tiny one provided with your room).
- Beds are twin XL size. If you feel the dorm standard-issue set (sheets, pillow and case, blanket, towel, hand towel, and washcloth) provided at Camp check-in would be skimpy or not meet your needs, provide your own sheets, mattress pad, blanket, and your favorite pillow.
- Room and door décor: pictures, cartoons, or anything else that would make an empty dorm room cozier (plus blue painter's tape to hang them). Dry erase marker and push pins (the outside of your room door has a small white/cork board you can decorate).
- Alarm clock, iPod, radio, and other items for your personal soundtrack. Power strip or extension cord.
- Eye mask or earplugs.
- Reading light, if you feel the lighting in your room won't be ideal.

# For life on campus

- A tote bag or small backpack for carrying stuff around while at Camp.
- Flashlight although walkways are lit at night.
- Pens or pencils and paper or journals to record thoughts.
- Sports gear/exercise clothes (including sunblock, hat, and water bottle, if appropriate) for swimming, walking tours, exercise workshops, and dancing workshops.
- Folding chair for sitting on the lawn if that's what you like to do.
- Water toys (water pistols, etc.) for play on the lawn in the heat.
- Tools of expression: musical instruments, art materials, colored & metallic pens, props, feather boas, wigs, outrageous jewelry, and tiaras.

# Remember the Camp Motto: Everything Possible, Nothing Required

# SPECIFIC ITEMS FOR CAMP SCRIPPS 2024

**Dress up!** This year's Friday night theme is: Come as You Were / Reincarnation Ball. Please email your music selection(s) to *campevenings@gmail.com* or sign up when you check in to Camp on the first day and we'll put it/them into the dance party and karaoke playlist.

# **Ongoing projects and activities:**

- Money for Campership Raffle, Java (or other) Walk to the Village, California Botanic Garden, Camp Extension field trip, and dinner (if you're going).
- Books to share or exchange for afternoon tea and/or the sharing table.
- Seeds, cuttings, containers, gardening books for the sharing table.
- Photos, objects, anything you would like to help memorialize someone in the Honoring Space and a photo of yourself as a child, for the Caring for Your Inner Child gathering.
- Anything with dragonflies for putting on your door or wearing. If you have any you want to give away, put it in the Dragonfly Exchange.

### Supplies for Workshops:

(You don't need anything to participate, but these are things that might add to the workshops.)

- Craft Room Introduction: Door Signs and Greeting Cards something to personalize your signs and cards.
- Sending Love: Greeting Card Construction rubber stamps or patterned paper.
- "Stone" Carving an old pocketknife, kitchen knife, or wood chisel (but don't pack it in your carry-on!).
- **Dragonfly Hats and Fascinators** any hat-making supplies you may have, though supplies will be provided.
- Writing materials such as notebook and pen for Found Poetry; Caring for Your Inner Child; Meeting Your Muse: A Creative Writing Adventure; The Morality of Money box lunch; Songwriting Workshop; Shuffle & Write; or for anything else where you might wish to take notes.
- **Soapmaking:** Lavender or rose petals or fine sand.
- **Tie One On tie-dye and Nature Printing:** 100% cotton t-shirts, bandanas, scarves, dresses, or socks.
- **Camp Scripps Libation Smackdown:** Your favorite libation recipe, beakers, barrels, bottles, carafes, kegs, pints, or anything else to feature your potion.
- **Overcoming Bias**: The book <u>Overcoming Bias</u>: <u>Building Authentic Relationships Across</u> <u>Differences</u> by Matthew Freeman and Tiffany Jana for the conversation surrounding the book and how we can use its lessons to make Camp, our lives, and our relationships more inclusive and authentic.
- Box Lunch Camp Book Club: <u>The Candid Life of Meena Dave</u> by Namrata Patel (or read it ahead).
- Flight Discussion: The book Flight Behavior by Barbara Kingsolver (or read it ahead).

# Other:

- Socks for dancing.
- Enthusiasm for all!

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