

# FACULTY & STAFF REFERENCE GUIDE FOR ASSISTING STUDENTS

## CARE@SCRIPPS

COMMUNITY,  
ASSESSMENT,  
RESOURCES, &  
EDUCATION

CARE@SCRIPPS stands for Community, Assessment, Resources, and Education and is housed in Dean of Students Office. CARE@SCRIPPS provides assistance to community in navigating complex issues and supports students as they advocate, develop and sustain success in school-life balance.

If you have an emergency or urgent concern, please contact the Dean on-Call via Campus Safety at 909-607-2000.

## THE SUPPORT OF CARE@SCRIPPS

### CARE @SCRIPPS Team

CARE@SCRIPPS team works in collaboration with the Department of Case Management, College departments, Monsour Counseling and Psychological Services (MCAPS), and Student Health Services and will provide a referral if there is a need for further resources to reduce barriers and connect students to supportive resources related to: mental health, food insecurity, textbook scholarship awards, follow up services, MLOA return assessment and support, personal care, and student wellness check ins.

### Student Support Referral Form

If you have concerns regarding a student's well-being or think a student could benefit from support, please complete a CARE referral (see QR code) or email CARE@scrippscollege.edu.



### Dean on-Call (DOC) Support

The purpose of the Dean On-Call (DOC) is to respond quickly, effectively, and compassionately to student(s) of concern, disruptions to the community, and crisis situations, in order to support of the College's educational and residential mission. The DOC is often the first responder to calls about a serious concern, disruptive behavior, and/or crisis on campus. The DOC will determine the appropriate steps and keep a record of the interaction and intervention. If a student engages in threatening and/or extremely disruptive behavior, the situation will be referred to CARE@SCRIPPS or the Assistant Vice President for Student Affairs. CARE@SCRIPPS will manage follow-up services that include on campus referrals, off-campus referrals, emergency funds, and more.

The DOC can be reached through Campus Safety at 909-607-2000

SCRIPPS COLLEGE

# KNOWING THE SIGNS OF STUDENTS IN DISTRESS

## ACADEMIC SIGNS OF DISTRESS

- Significant decline in quality of work or grades
- Repeated absences
- Bizarre or concerning content in emails or presentations
- Disruptive in class

## PHYSICAL SIGNS OF DISTRESS

- Changes in physical appearance such as decline in hygiene or grooming, weight loss/gain, or appetite change
- Extreme fatigue or sleep issues
- Substance abuse
- Disoriented, confused, difficulty concentrating
- Bizarre/slurred speech

## PSYCHOLOGICAL SIGNS OF DISTRESS

- Disclosure of significant personal issues such as familial, financial, traumatic, suicidal/homicidal ideas, grief
- Excessive tearfulness, panic, irritability, dissociation, or numbness
- Verbal attacks or harassment such as taunting, intimidation, badgering, or bullying
- Concern expressed by other students, faculty, staff, or family

## SAFETY RISK FACTORS

- Unprovoked anger or hostility
- Direct or vague threats to harm self or others
- Unable to care for themselves
- Academic assignments displaying themes of violence, hopelessness, worthlessness, despair, suicidal thoughts, isolation, or proactive statements that could be seen as threatening
- Communicating threats via email, text, phone call, or other means

## INTERVENING WITH A STUDENT

<b>Assess</b>	What are the disruptive behavior issues, the potential causes, and reasons for concern?
<b>How to Identify</b>	Behavior is considered disruptive when it adversely affects teaching, learning communities residential life, and or interferes with functions and services of the College.
<b>Make a Referral</b>	Listen sensitively. Provide empathy and encourage students to seek resources provided. Refer students to CARE@SCRIPPS who need help navigating campus and off-campus resources. The Student Support Referral form is located online on the CARE@SCRIPPS home page.
<b>Consultation</b>	See back cover for quick reference guide and list of available resources.

## UNDERSTANDING CASE MANAGEMENT

### Office of Case Management

The Office of Case Management coordinates student services and provides support. In addition to supporting students, case management is also available to consult with faculty, staff, parents, and others any time they are worried about a student's behavior or mental health. Department of Case Management will provide a referral if there is a need for further resources to reduce barriers and connect them to supportive resources related to: mental health, food insecurity, textbook scholarship awards, follow up services, MLOA return assessment and support, personal care, and student wellness check ins.

### Off Campus Referral Program

Scripps Off-Campus Referral Program is designed to help currently enrolled Scripps students have timely access to mental health services during the academic year. The program expands the pool of available mental health professionals in Claremont to help students connect with a counselor who meets their specific needs. This includes the Off Campus Subsidized Therapy Referral Program for students who need financial support covering low-cost therapy or copay costs. For more information, please reach out to Case Management.

• Intervention • Advocacy • Resources • Referrals • Follow-up services •

CONTACT  
INFORMATION

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# DO YOU KNOW SOMEONE IN DISTRESS?

Yes, and there are safety concerns:	Call Campus Safety, (909) 607-2000
Yes, and I need to connect with support:	Call Monsour Counseling & Psychological Services (MCAPS), (909)621-8202 or a Crisis Line
No, but the person is experiencing difficulties:	Personal or academic concern, email CARE@scrippscollege.edu or submit the Student Support Referral form, <a href="#">Click Here</a> .

## 7C Health

7C Health is a convenient way for The Claremont Colleges students to receive 24/7, free medical and mental health support. For more information, please [Click Here](#).

## Student Health Services (SHS) 7C Health

SHS provides patient-centered health care to all of the 7C campus community in a professional and compassionate manner that directly contributes to the student's well-being and overall success.

For more information, please [Click Here](#).

## Monsour Counseling and Psychological Services (MCAPS)

MCAPS is the mental health resource to the five undergraduate Claremont Colleges. There are no fees for counseling services and all services are confidential.

For more information, please [Click Here](#).

## Employee Resources and Support

The Optum Employee Assistance Program (EAP) is a confidential service designed to help employees resolve personal and workplace challenges. For more information, please call 800-234-5465.

## CAMPUS RESOURCES FOR STUDENTS

Campus Safety	(909) 607-2000
Monsour Counseling and Psychological Services	(909) 621-8202
Student Health Center	(909) 621-8222
The EmPOWER Center	(909) 607-0690
Scripps College Title IX	(909) 607-7142
Queer Resource Center	(909) 607-1817
Office of Black Student Affairs	(909) 607-3669
Chicano/Latino Student Affairs	(909) 621-8044
Office of the Chaplains	(909) 621-8685
Student Disability Resource Center	(909) 607-7419

## CRISIS LINES

Monsour Counseling and Psychological Services (MCAPS) 24/7 crisis line	(909) 621-8202 *After hours, press "1"
National Suicide Prevention Hotline	Call/Text 988 or Chat at 988lifeline.org
Project Sister	(909) 626-4357
The Trevor Lifeline (LGBTQ+)	(866) 488-7386
Crisis Text Line	Text HELLO to 741741