

As the academic year draws to a close, we have a lot to celebrate. Our students are alive with new knowledge and ideas. They've declared majors, finished finals, and submitted thesis papers and projects. A next generation of alumnae has crossed the commencement stage to receive their diplomas, and a new class is preparing to join us next fall. But before we say goodbye to 2018-19, I'd like to highlight two additional milestones worth celebrating: the 25th anniversary of the Post-Baccalaureate Premedical Program and the 10th anniversary of the Sallie Tiernan Field House. Although they serve different constituencies—Tiernan is primarily an undergraduate student resource, while the Post-Bac program is designed for college grads looking to change careers—each contributes to the Scripps mission in valuable ways.

The resources that the College dedicates to developing scholars who “contribute to society through public and private lives of leadership, service, integrity, and creativity” extend beyond the classroom. As the connection between academic achievement and well-being becomes increasingly clear, a holistic approach to student health is paramount—one that considers not only the whole person but also the community of which she is part. Over the past decade, the Sallie Tiernan Field House has made the holistic well-being of Scripps students its mission, fostering an inclusive and supportive space where they can harness tools and resources, share their experiences, mentor each other, and ask for help.

Like the Field House, the Post-Baccalaureate Premedical Program exists to support healthy bodies. For 25 years, the program has given students who are interested in pursuing second careers in medicine the prerequisite science courses they need in order to apply to medical school. Our Post-Bac graduates contribute to society as skilled and compassionate healthcare professionals, with nearly 98 percent accepted into medical, dental, or veterinary programs. They also bring a diverse mix of backgrounds, careers, and experiences to W.M. Keck Science Department classrooms and labs, where they work alongside undergraduates to complete their coursework.

This issue of *Scripps* looks at some of the ways that the Sallie Tiernan Field House and the Post-Baccalaureate Premedical Program have helped cultivate healthy bodies and minds at Scripps and beyond. It also highlights a few other stories about “bodies”—ways in which that concept is being thought about, tended to, and interpreted in art, performance, and social spaces. Many of the programs and initiatives profiled here exist, in part, due to our generous alumnae, families, and friends. If you are interested in supporting holistic health and wellness at Scripps, I encourage you to visit scrippscollege.edu/giving/the-scripps-fund to learn how you can designate your gift.



Lara Tiedens
President



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SCRIPPS MAGAZINE

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Newsflash

CMS ATHENA HONORED

In March, the Southern California Intercollegiate Athletic Conference named Catherine Allen '20 Women's Tennis Athlete of the Week. Allen earned the award after reigning undefeated at no. 1 singles and doubles at the Intercollegiate Tennis Association's Indoor Nationals, with a 5-0 record against three teams ranked top 13 in the nation.



ALUMNA OSCAR WIN

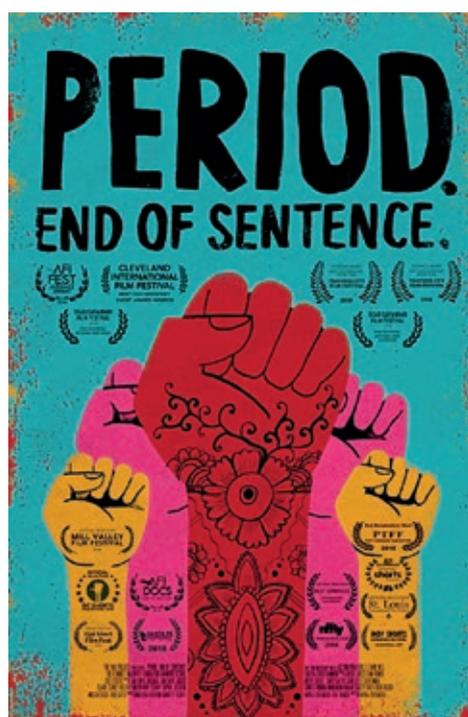
Helen Yenser '17 received an Academy Award in the category Best Documentary Short for *Period. End of Sentence.* Yenser was an executive producer of the film, which follows the story of women in rural India who begin producing their own sanitary pads using a pad machine, providing needed supplies while also challenging stigmas surrounding menstruation.

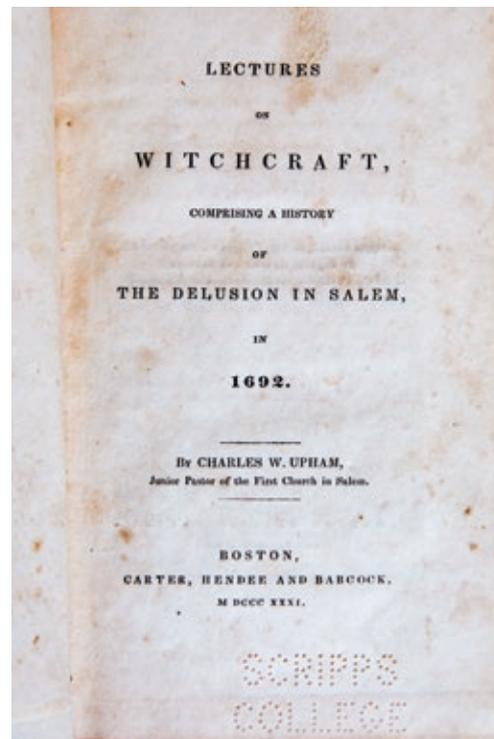
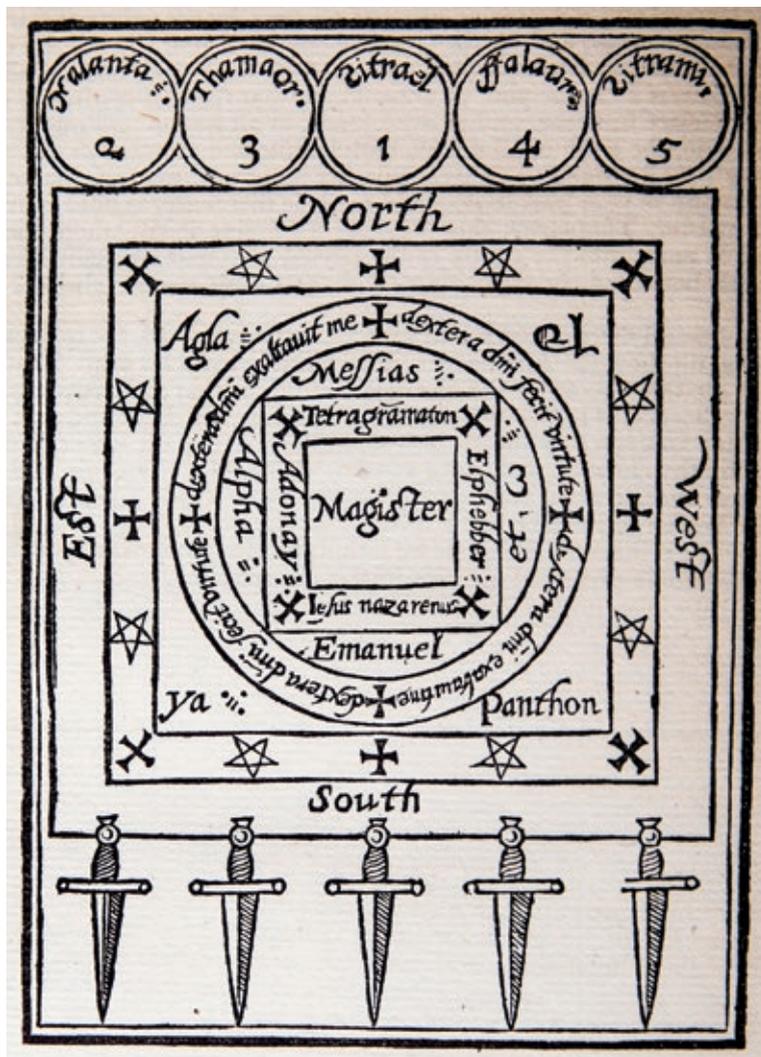
NEW GRANTS FOR FACULTY

Assistant Professor of Spanish, Latin American, and Caribbean Literatures and Cultures Gabriela Bacsan was awarded a Woodrow Wilson Foundation Career Enhancement Fellowship, which supports the work of underrepresented junior faculty in the arts and humanities. Assistant Professor of History Corey Tazzara will pursue research on the life and times of Italian writer Pietro della Valle, widely considered to be the first modern Italian traveler, thanks to his recent Rome Prize fellowship. And Stacey Wood, Molly Mason Jones Chair in Psychology, was awarded a grant from the Albert and Elaine Borchard Foundation to support her research on the susceptibility of older adults to mass marketing fraud.

SCRIPPS RESPONDS TO PROPOSED TITLE IX CHANGES

This past November, the U.S. Department of Education's Office for Civil Rights issued proposed regulations to Title IX. They recommend, among other changes, narrowing the definitions of sexual harassment and assault and requiring colleges or universities to present live hearings in sexual assault and harassment cases, during which schools must provide an opportunity for the direct cross-examination of all witnesses. They also recommend limiting the framework under which colleges and universities must respond to complaints under Title IX. In response, Scripps' Title IX Office submitted a public comment addressing several aspects of the proposed regulations and "urg[ing] the Department to withdraw or revise its current proposals." In particular, they asked that the department revise the proposed regulations to require resolution proceedings under Title IX that are consistent with longstanding due-process principles in college disciplinary proceedings and to clarify the definitional confusion caused by the proposed regulations. To read Scripps' full public comment, visit scrippscollege.edu/titleix/.





FROM THE ARCHIVES

By Jennifer Martinez Wormser '95

Clockwise, from left: An illustration from Reginald Scot's *The Discoverie of Witchcraft* (1584; reprinted 1930); title page from Charles Wentworth Upham's *Lectures on Witchcraft* (1831); and a selection of books on witchcraft from the Ida Rust Macpherson Collection

Denison Library's Ida Rust Macpherson Collection contains books, manuscripts, images, and other materials by and about women. Included among the Macpherson Collection's notable holdings, ranging from suffrage to domesticity to women's education, is a small number of books related to witchcraft. Inextricably tied to the history and social conditions of women, these publications offer today's students a glimpse into yesterday's point of view on a magical and controversial subject.

Denison Library's limited-edition 1930 reprint copy of Reginald Scot's 1584 *The Discoverie of Witchcraft*, considered to be the first published work by an English author on witchcraft, explores the good

and harmful aspects of magic and alchemy. The above illustration accompanies text outlining the steps to "enclose a spirit in a christall stone . . . to fulfill thy will for ever."

Charles Wentworth Upham, a Unitarian minister from Salem, Massachusetts, published *Lectures on Witchcraft* in 1831, which became a foundational work for scholarship on the 1692 Salem trials, at which 19 people were hanged. The playwright Arthur Miller acknowledged using Upham's later two-volume 1867 study, *Salem Witchcraft: With an Account of Salem Village and a History of Opinions on Witchcraft and Kindred Spirits*, as a source for his 1953 Tony Award-winning play *The Crucible*.

Trustee News

Scripps honors eight trustees for their service, commitment, and dedication to the College as they step down from their positions on the Board.



KENDRA ARMER '93 As president of the Alumnae Association and Alumnae Leadership Council from 2016 through 2019, Kendra Armer has been an effective member of the Board. In addition to serving on the Buildings and Grounds, Educational Policy, Institutional Advancement, Student Affairs, and Inauguration Steering Committees, she was co-vice chair of the Scripps Beyond Committee during its pilot year, contributing strong leadership and valuable insight. She championed the need to cultivate bonds between class years and helped to reinvigorate Alumnae Leadership Council activity by inspiring connections and collaboration with Scripps administration.

LYNNE OSHITA BRICKNER '74

A member of the Board for 18 years, Lynne Oshita Brickner served on the Audit Committee, the Audit, Risk, and Compliance Committee, and the Board Committee on Diversity and Inclusivity as well as the Buildings and Grounds, Compensation, Educational Policy, Executive, Institutional Advancement, Nominations and Governance, and Student Affairs Committees. As chair and co-chair of the Audit Committee, she employed her meticulous attention to detail and professional and civic experience to help guide the Board toward better decision making. As chair of the Educational Policy Committee, she demonstrated her deeply held commitment to Scripps' academic mission, and her philanthropic vision has been rooted in transformational giving that is responsive to Scripps' most immediate

and pressing academic needs. As chair of the 2008-09 Presidential Search Committee, she successfully led an inclusive and thoughtful approach to the vetting and selection processes, resulting in the hiring of Lori Bettison-Varga as the eighth president of the College.

DEVANIE DÓÑEZ '94 Since joining the Board in 2014, Devanie Dóñez has served on the Buildings and Grounds, Educational Policy, Executive, Mission Fulfillment, Nominations and Governance, and Student Affairs Committees. As chair and co-vice chair of the Student Affairs Committee and chair of the Mission Fulfillment Committee, she inspired generative discussions about equity and diversity, positioning them as foundational to Scripps' success. She was also a passionate advocate of the student experience, championing skill-building and leadership opportunities as well as resources to enhance quality of life. Her dedicated service to the College has included countless hours of participation in a wide range of campus and alumnae activities.

PAMELA H. NG '16 Pamela H. Ng joined the Board in 2016. As a member of the Board Committee on Diversity and Inclusivity and the Mission Fulfillment and Student Affairs Committees, she shared insights about the student experience that helped guide discussions about building capacity for inclusive excellence. She has consistently demonstrated her passion for the student experience, and has focused on

meaningful ways to incorporate a young alumnae perspective into Board and committee discussions.

HUGH J. RALSTON A Board member since 1994, Hugh J. Ralston has extended the legacy of his mother, alumna trustee Barbara Fowler Ralston '41, by ensuring that the Scripps experience is available to future generations. He demonstrated steady and insightful leadership as a member of the Audit Committee, Audit, Risk, and Compliance Committee, Board Committee on Diversity and Inclusivity, and Compensation, Educational Policy, Executive, Finance, Institutional Advancement, and Nominations and Governance Committees. As chair and co-chair of the Audit Committee, he lent his substantial financial skills and business acumen, developed during years of experience in corporate finance, international banking, and nonprofit operations. As chair of the Nominations and Governance Committee, he consistently championed the value of Board diversity, and his contributions to the 2005-06 Strategic Planning Committee resulted in the 2007 *Scripps College in the Next Decade: Leading with Excellence* plan, which focused on the “heart of higher education: the vital connection between talented students and gifted faculty.”

MICHELE-ANNE AND H. MAC

RILEY P'18 Michele-Anne and H. Mac Riley, parents of Mary-Catherine Riley '18, have been passionate champions of the College as co-chairs of the Scripps

Association of Families and the Parent Leadership Council (PLC) from 2017 to 2019. As members of the Board Committee on Diversity and Inclusivity and the Buildings and Grounds, Institutional Advancement, Investment, Mission Fulfillment, and Scripps Beyond Committees, they contributed their wisdom and professional expertise. As co-chairs of the PLC, they connected alumnae and families in innovative ways to demonstrate the power of the Scripps community. They also reached a record number of families who support the College at the PLC level and increased the presence of Regional Family Chapters and local family gatherings around the country.

LUCINDA BOWEN SMITH '88 A member of the Board since 2016, Lucinda Bowen Smith has served on the Campaign Steering, Executive, Finance, Institutional Advancement, and Trusteeship and Governance Committees. As co-chair of the Trusteeship and Governance Committee, she helped lead the implementation of a pilot committee structure, the on-boarding of new trustees, and the review and revision of the current bylaws. As vice chair of the Finance Committee, she brought her extensive corporate executive experience to important decisions about the College's budget and resource allocation. She has been a generous annual donor to Scripps and has sponsored several students for a corporate summer internship program at AGCO, where she is a senior vice president.





SEEN AND HEARD AT SCRIPPS

On April 16, chef Samin Nosrat, creator and host of the Netflix series *Salt, Fat, Acid, Heat* (based on her James Beard Award-winning book), visited Scripps to talk about her passion for food and the art of cooking. She met with students for a special session prior to her appearance in Garrison Theater.

“I want the work that I do in food to be influenced and fed by the natural and actual world. The kitchen where I was taught to cook really values fairness.”

— Samin Nosrat

FOCUS ON THE FACULTY

Bodies in Crisis: How Toxic Chemicals and Climate Change Are Affecting Our DNA

By Rachel Morrison

Associate Professor of Biology Gretchen Edwalds-Gilbert has spent her career stressing out cells. By exposing them to different chemical and environmental insults, she aims to find out how they adapt—or fail to adapt—to the biological realities of the modern world.

“It’s fundamental to see how we adapt to different stressors, like temperature, nutrition, pollution, or toxins,” says Edwalds-Gilbert. “I’m a molecular biologist, so instead of looking at the whole human, I’m studying how genes are changing under different conditions, which can shed light on how individuals or species can adapt to a changing world.”

She and colleagues already have found that gene expression, or how DNA becomes an activity or product, can change under certain cellular conditions. They found that some stressors activate the “unfolded protein response” (UPR)—a phenomenon in which the proteins within a cell become so overloaded with stress that they unfold and are no longer active. Properly folded proteins are responsible for most cellular functions, including cleanup, reusing or destroying cellular “trash.” But when a cell becomes stressed, the process by which the DNA becomes protein is interrupted, and the DNA responsible for cell cleanup turns off.

The researchers tested the UPR by treating cells with certain phenols, such as the well-known food and cosmetics preservatives BHA and BHT, as well as the ubiquitous chemical BPA, which is contained in everything from plastics to receipts to the food we eat and drink.

“Right now, this stuff isn’t even in textbooks, and climate change is occurring more quickly than scientists thought.”

They found that a key protein required for unfolding became activated after these chemical assaults and did not “turn off” again, signaling to the cells that the problem was too big to fix. The cells, inundated with waste, activated apoptosis: programmed cell death.

Now, Edwalds-Gilbert is furthering her exploration of the UPR and other cellular waste management phenomena through



a line of research aimed at understanding how cells respond to the unique assaults of climate change, including greater water salinity, higher temperatures, altered nutrition, and higher concentrations of pollutants. “Within the scientific community, it is generally acknowledged that climate change will expose organisms—people, plants, and animals—to novel environments that will cause stress to the body,” says Edwalds-Gilbert. “Increased heat, for example, can lead to dehydration and overheating. We know how to treat that in a whole human organism—take off a person’s clothes, increase the consumption of fluids—but what’s going to happen at the molecular level, and can *that* be treated?”

Edwalds-Gilbert is conducting this research at the Institute of Genetics and Biotechnology at the University of Warsaw in Poland, where she is currently a Fulbright fellow. As a basic scientist, she explores these responses at a molecular level; however, the more she and colleagues can illuminate the

cellular responses to environmental and chemical stress, the better equipped physicians and researchers will be to start taking actions to help regulate the UPR.

“We hope to take a bench-to-bedside approach—that is, to share our research with those scientists who develop therapeutics for use in whole human organisms. So, the question is, can we target the UPR therapeutically? The UPR is interesting because the response is highly associated with a number of human diseases, including cancer and neurodegenerative disorders. Right now, this stuff isn’t even in textbooks, and climate change is occurring more quickly than scientists thought. We need to start seeing how human bodies are going to adapt.”

Celestial Bodies

Fledged, an artist's book by Lauren Koenig '20, is a star in the making

BY RACHEL MORRISON

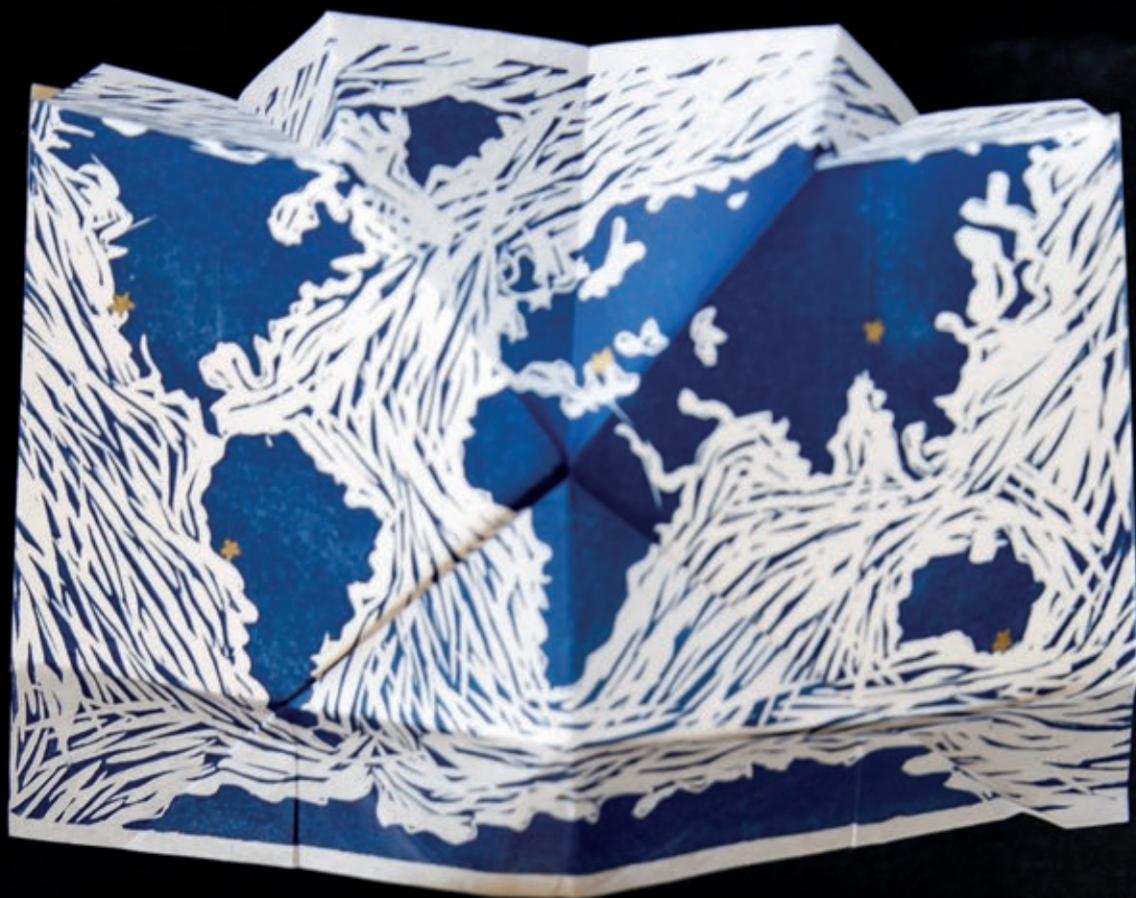
Look up at the sky,

and there's a chance you'll be able to spot Ursa Major, Andromeda, or even Cassiopeia—certainly the Big Dipper. However, you may have a harder time identifying the Aquila constellation. That's because, as dual English and history major Lauren Koenig '20 explains, most of our knowledge of constellations comes from Greek mythology. "Rarely is there any popular literature on the constellation mythologies of Mesopotamia, China, or the ancient Americas," she says.

As part of her final project for the Typography and Book Arts course offered by the Scripps College Press, Koenig indulged her interest in lesser-known constellation mythologies by exploring the Aquila, an eagle constellation that appears in the astrology of many non-Western cultures. She created a four-inch-square book, titled *Fledged*, that explores the mythology of the Aquila through five cultures: the Wergaia, an indigenous Australian language group

(3,000 BCE), ancient Greece (2,500 BCE), China's Han dynasty (200 BCE), the Chumash tribe near Los Angeles (1450 ACE), and the Incan empire of Peru (1550 ACE). Koenig produced the book in a limited-edition run of only 15 copies; it features a leather cover and was printed on Rives BFK and Chinese Heather papers using linocuts, with type set in a handset letterpress.

In February, the National Museum for Women in the Arts acquired a copy of *Fledged* for their artist's book collection. "The fact that my work warranted acquisition by a museum is surreal. Whether or not it is ever displayed, used as a teaching material, or collects dust on a shelf, it's validating to have someone place value on the work you create," says Koenig. *Fledged* was also shown at the Art Libraries Society of North America's book fair, one of the few book-arts-focused fairs in the country. 🌟



Body Language

Martha
Gonzalez's
Art of Empowerment

BY RACHEL MORRISON

On February 5, choreographer Liz Lerman's *Work-in-Progress: Wicked Bodies* premiered in Scripps' Balch Hall. Inspired by the histories and mythologies of witches all over the world, the multimedia performance featured Lerman and a core group of dancer-collaborators as well as students and faculty from the College's Department of Dance. They were joined by Martha Gonzalez, Scripps associate professor of Chicana/o Latina/o Studies and a singer/songwriter for the Grammy Award-winning band Quetzal; she contributed music and vocals in addition to performing as a dancer. We spoke with Gonzalez about what it was like to collaborate with Lerman on *Wicked Bodies*, the relationship between process and performance in her own work, and how music and dance have the power to raise up communities and reconnect us with our humanity.

RACHEL MORRISON: You and Liz Lerman have been collaborating for years. Can you tell us about how your partnership began?

MARTHA GONZALEZ: I was previously an artist-in-residence at ASU Gammage, a performing arts center at Arizona State University, where Liz has a professorship. Part of what I did was give lectures on social transformation, and Liz and I were on a panel together. We connected on the idea that there is a link between music and social movements, and from then on we were always in touch. Liz seeks to empower communities that society doesn't always give time and energy to—she's worked with veterans and people of the "third age," for example, and invited them into her creative process.

Associate Professor
of Chicana/o Latina/o
Studies Martha Gonzalez
(center) performs in
*Work-In-Progress:
Wicked Bodies*



RM: You have done similar work, bringing music and dance into communities that society doesn't always value.

MG: Yes, my work is centered on using the tools of music to engage communities. I've worked with incarcerated youths and adults. I've also worked with the Alliance for California Traditional Arts [ACTA] on a project for Building Healthy Communities, an initiative supported by the California Endowment aimed at promoting fundamental improvements in the health status of all Californians. ACTA asked me to work with a local community—parents, students, teachers, seniors, everyone—to use the collective songwriting method to help them decipher the Local Control Funding Formula, which is how the State of California funds schools, and to share how they would like the money to be spent in their community.

RM: Can you elaborate on how community songwriting contributes to civic participation?

MG: Music is a language anyone can relate to. Where and how political decisions usually take place—at a boardroom table, poring over legal documents full of jargon—can be isolating and elitist to the people who actually live in the community. I help translate these documents through participatory music dialogue. I read and understand aspects of the documents and then, via the songwriting process, begin to discuss them with community members. The goal is to write a song about what the community wants, what they think, et cetera. I help facilitate the discussion, and we write a song about their decisions.

RM: *Wicked Bodies* seems to touch on similar issues, giving voice to those who historically have been voiceless.

MG: The work is definitely political in that way. Women and their “wicked bodies” have, over centuries and geography, been persecuted as witches, and Liz is trying to connect all of these instances through multimedia dance performance. As academics, writing is one important way to articulate our work and dissect how oppression is enacted on bodies—people of color, queer bodies, women. But as artists, we're able to enact these ideas in other ways as well. We're able to move beyond the academic narratives and reach so many more people. Our methods tend not to be so elitist, and, through these creative vehicles, the notion of oppression and bodies over time is more accessible. The audience might think, “Oh, witches! I never thought about how that term has been tied to women, and how this has been a way in which women have been persecuted and oppressed!”

RM: You played a unique role in the performance: In addition to singing and playing the jarana jarocho [an eight-string guitar made of cedarwood], you were, at times, a character of sorts, moving among the dancers and narrating a famous moment of oppression by King James VI by “singing the news” in the tradition of the *corrido*. How do you enter these creative moments of genre-bending and discipline fusion?

MG: Liz is really great about not making you do *her* vision. She brings out the best in you and then incorporates that all into her work—or, she assesses the community and then brings them together in such a way that brings out the best of everyone. The role I played came about because some of my work incorporates dance—I do percussive footwork in Veracruz fandango, for example. Liz knew I wasn't afraid of movement, so we had been working on and off, talking about playing while dancers are moving or singing a cappella. She's very generous in how she opens up a space—“Just try something!” she'll say



during rehearsals. Even if I mess it up, I'll get direction, not criticism, which tends to shut down a person's creative light. In the past, she's taken me to ASU's natural science collection. "What would you do in this space?" she asked, and so I sang to a taxidermied bird on the wall and did movement work around preserved butterflies. Or she's given me lyrics and I've written a song—that's how we got "A Boy Named James" in *Wicked Bodies*, based on a 16th-century broadside ballad. She stirs the pot, so to speak, and I come up with stuff.

RM: In a previous issue of *Scripps* magazine, when *Wicked Bodies* was still in the conception phase, you said that "Western culture doesn't have a way to really gauge the success of what happens in Lerman's works . . . yes, she's won awards and grants, but it's the process and the effect on not just institutions and audiences, but on the performers and others involved." Why is it useful to delineate between "product" and "process"?

MG: For me, the most impactful part of *Wicked Bodies* was the process of working together. We did so much more than what was seen on the stage! And this is humbling for artists—to share their process. It's not just something that comes to us, but it's a lot of hard work and dialogue and theoretical discussions, through our bodies and verbally. The body theorizes in interaction with other bodies—talking sometimes, but at other times communicating with movement. For example, Liz can start saying a sentence and finish it with an action. Without the process, those interactions, we wouldn't have understood that body language. It's almost giving up your power as an artist.

RM: Your independent scholarly and community work also touches on this idea, and how transformative it can be to focus more on process than product.

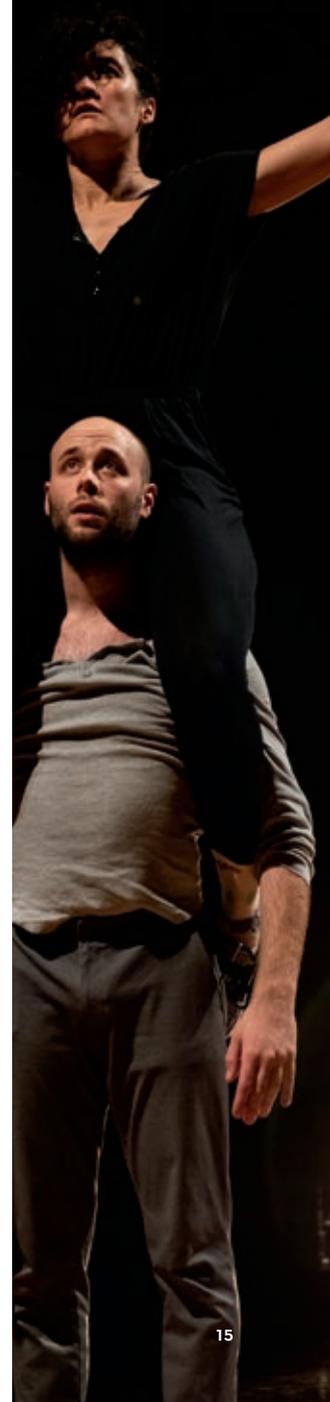
MG: A focus on process displaces the centrality of capital and capitalism, which just extracts objects and occludes all of the labor and relationships that went into it.

RM: Can you give an example of how process-based community engagement accomplishes this displacement?

MG: I'll give an example through a course I teach through the Intercollegiate Department of Chicanx/Latinx Studies. I created the first fandango course in the nation, *Fandango as a Decolonial Tool*. I wanted to move music and dance practice away from the stage and toward a process that the community engages in and creates. We have the course twice a week. On the first day, we do intensive reading and writing. The second day is all embodied practice: I assign an instrument, teach the dance, we sing the *versos*, I teach the protocols of the fandango, and for their final, students have to go to a fandango, which is a convivial gathering where this music, dance, and singing takes place—a ritual fiesta, if you will.

It's so fun to see how transformed students are toward the end of the course, and how they think about music in a different way—it's not just something that we buy and sell in our society, it's a way of interacting and being in community with each other. It takes the transaction out of the equation. "How come we don't sing like this?" they say. "I quit violin because I would never make money," another student said. As children, we play music as a pastime; as adults, it's transformed into something that we are either going to make a living off of or not. That aspect of capital robs us of the humanity of what it means to make music together and for the sake of community.

The goal of courses like these is that we have a human right to stay connected to music. We need cyphers, bombazos, and hoedowns—whatever your sonic liking is, we need to bring that back and bring people back. We can be more connected to our own creative output, not just in the service of making a living, but because we are human beings who need to stay connected to our creative humanity. 🌱





Career Changer

The Post-Baccalaureate Premedical Program and its students have been transforming lives for 25 years

BY AMY DERBEDROSIAN / ILLUSTRATIONS BY JENNIFER BAHNG



GRACE HAN WAS OVERWHELMED.

A teacher at a Chicago charter school, she found herself unexpectedly pregnant just as her husband was leaving military service, and the only insurance plan she could afford limited her access to quality prenatal care. Once Han gave birth, the hospital discharged her just 48 hours after a cesarean section, and with no guidance about caring for her newborn daughter, Claire.

Soon after, Claire experienced a medical emergency requiring a hospital visit. But by then Han's husband had a job with health benefits, enabling Claire to receive what Han describes as "VIP care." Shocked by the difference from her earlier experience, Han grew determined to address healthcare inequities directly. She decided to become a doctor.

Han had changed paths before: She studied journalism at Northwestern University but, uncertain about her future in writing, joined Teach for America instead. Han taught throughout her 20s, moved into education policy, and then returned to the classroom. Entering medicine would involve a far greater transition. To prepare, Han turned to the Scripps College Post-Baccalaureate Premedical Program.



Now celebrating its 25th year, the 12-month Scripps Post-Bac program was created for career changers who, like Han, have the motivation but not the prerequisite courses to pursue medicine. Approximately 98 percent of those completing the program are admitted to medical, dental, or veterinary school. “We’re the strongest post-bac program on the West Coast. There’s no doubt about it. We were the first on the West Coast and are the most established,” says DeEttra Mulay, the program’s director for nearly a decade.

Han is among the success stories. Though she hadn’t taken a science course since her first year of college, Han left the Post-Bac program in 2018 with a full scholarship to attend the University of Michigan Medical School. She credits Mulay with helping her achieve this outcome: “DeEttra is the LeBron James of post-bac coaching. She gives terrific advice and knows how to push us to be our best in this challenging program.”

Yet David Sadava, the now-retired biology professor who launched Scripps’ Post-Bac in 1994 with his former faculty colleague Margaret Mathies, recalls his initial skepticism when two former students visited his lab during the 1992 holiday break and urged him to start a program. Sadava says, “Being practically oriented, I asked myself: Is this a useful thing? Why do we need these non-science majors? I’ve always thought about education as having social utility.” He contacted several medical school deans of admission for advice, remembering, “They all said I should do it. They had the notion of a physician as a humanist and thought these people would bring interesting backgrounds to medicine.”

As W.M. Keck Science Department faculty, Sadava and Mathies needed to approach their three sponsor colleges about supporting a post-bac program.

Nancy Bekavac, president of Scripps at the time, embraced the idea. “She had come to her own career in a roundabout way and saw the potential post-bacs as interesting people. Though the program would take men, she thought a majority of the students might be women and saw an opportunity for women in leadership,” says Sadava. Professor of Biology Jennifer Armstrong, the Post-Bac program’s faculty director from 2014 to 2018 and now associate dean of faculty at Scripps, offers another reason for Bekavac’s enthusiasm: “The mission of Scripps is to encourage students to live boldly and courageously, and the post-bacs definitely live boldly and courageously.”

Conceived as faculty-driven and purposely small, the Scripps Post-Bac program seeks students with strong academic records but little or no background in science. The program enrolls just 18 students per year, selecting them from more than 250 applicants with diverse educational and professional experiences. “There is no typical class. If you can think of a background, we have it,” says Mulay, listing teachers, Julliard-trained musicians, businesspeople, a documentary filmmaker, and many psychology majors among Scripps Post-Bac students, whose average age is 26. “These are people who are bright, academically engaged, and want to give back to their communities,” she says.

Soyoung McFarland was in an early cohort, enrolling soon after graduating from the University of California, Berkeley, in 1997 with a psychology major and Spanish minor. Originally planning to pursue a PhD in psychology, McFarland came to doubt this choice. She started volunteering in a hospital emergency room and then with a public health project in Ecuador. “I fell in love with the idea of helping people and realized that with medicine, there are a lot



“We believe medicine is a team sport. We want to build doctors who work well with the whole healthcare team and to establish teamwork and collaboration as core values.”

—DeEttra Mulay, DIRECTOR OF THE POST-BACCALAUREATE PREMEDICAL PROGRAM

of options, and I could use my Spanish,” explains McFarland, who at the time hadn’t taken a science class since high school. “I’m a person who always follows my heart.”

McFarland made what became a life-changing decision to complete the Scripps Post-Bac over two years. By staying longer, she overlapped with a new student cohort that included Cameron McFarland, the former Peace Corps volunteer she later married. The summer course in medical sociology she took at Pitzer College led her to accompany the professor to Costa Rica, where she worked in a rural health clinic. A Fulbright fellowship followed, enabling her return to Costa Rica to study healthcare access for Nicaraguan women employed in the country as maids.

McFarland and her husband went on to the University of Pittsburgh Medical School, and she is now a hospitalist—a patient’s primary care doctor during a hospital stay—with Kaiser Permanente in San Diego. She reflects, “The program opened doors for me in ways I never thought possible. In the Post-Bac, it doesn’t matter where you came from or what you majored in. It’s how hard you’re willing to work—a matter of effort and how much you care.”

Underlying students’ success is a demanding load of biology, chemistry, and physics classes and labs taught by Keck Science faculty, whom Han deems “extraordinary.” “Students get a holistic, intense foundation in science,” says Professor Armstrong. “All of medicine is based on biology, and all of biology is based on the laws of physics and chemistry. It’s an entirely new world of knowledge, vocabulary, and way of thinking for them. We also ask students to volunteer in a healthcare setting to observe the

doctors they want to become. It reminds them why they’re doing the program.”

Kristoffer Strauss reinforces Armstrong’s words as he reflects on the program he completed in 2014. He says, “Now, being on the other side of medical school, I realize the academic rigor of Scripps Post-Bac is equal to or greater than medical school because of the speed at which it moves. The greatest compliment I can give Scripps is that it put me in a position to do as well as I possibly could in medical school.” Currently a first-year resident with San Mateo County Behavioral Health and Recovery Services in Northern California, Strauss graduated from the Zucker School of Medicine at Hofstra/Northwell in New York in 2018. He had entered the Post-Bac program with a science background consisting of a single Yale University geology course, several years’ experience as a management consultant, and a desire to better serve psychiatric patients unable to advocate effectively for themselves.

Like all Scripps Post-Bac students, Strauss shared a classroom with Keck Science undergraduates. Mixing the student populations has been a distinctive element of the program from the beginning and is intended to benefit both groups. “The post-bacs are really interested in the material and want to know how it fits into their broader understanding. I think they’re good motivators for our undergraduates, who see their focus and maturity. The undergraduates are science majors, so they can teach and advise the post-bacs,” says Marion Preest, Pritzker Family Foundation Professor of Biology and current faculty director of the Scripps Post-Bac program.

At first hesitant about learning alongside undergraduates, current post-bac student

Katie Deutsch now prefers it. She explains, “It means we’re not all post-bacs in class together, which lessens the intensity and allows our collaborative spirit to continue. In the summer, the program organizes hikes and other social activities to get us together outside class and help us understand each other as people. We learn to see ourselves as assets to each other and not compare ourselves. The program institutionalizes this.”

Mulay and the faculty directors set out to create a community within the program, and they consider collaboration one of its defining features. Mulay says, “We believe medicine is a team sport. We want to build doctors who work well with the whole healthcare team and to establish teamwork and collaboration as core values.”

And this sense of community crosses cohorts. Through the Scripps Post-Bac linkage program, which eliminates the typical time between the end of a post-bac program and the start of medical school, known as a glide year, Deutsch will soon join Han at the University of Michigan Medical School. When she arrived for a visit, Han was there to greet her. “She made Michigan feel like home



to me. The experience of doing a post-bac at the same place creates a strong connection. Now it feels like the Scripps community is continuing,” says Deutsch, who, like Han, participated in Teach for America and once considered a different field (her Brown University undergraduate degree is in art history and urban studies).

Han was also instrumental in Deutsch’s decision to participate in the linkage program. Deutsch explains, “Grace gave a workshop over the summer about linking, and I realized it made sense. I didn’t want to waste a year; I wanted to get started. Applying in the fall and then studying for the MCAT is a lot to add on, but I’m so excited that I can’t imagine doing anything differently.” About one-third of Scripps Post-Bac students choose the linkage program, which involves five medical schools across the country. Mulay notes, “We look for a culture match between institutions—a medical school that values nontraditional students and what they bring to the experience.”

Current student Sean Faulk is among the majority who prefer a glide year. He started classes at Scripps just three weeks after he defended his dissertation to earn a PhD in geophysics and space physics from UCLA, in 2018. Faulk’s education in a science discipline differentiates him from most of his Post-Bac classmates, but he considers himself like them in many ways. Faulk explains, “I hadn’t taken biology since high school and took one semester of chemistry in college 10 years ago. I may be entering with more quantitative skills, but the labs are still difficult for me.”

Faulk was able to waive the usual physics requirements and studied psychology for the first time instead. He also works as a

medical scribe at a children’s hospital to bolster his medical school application with more clinical experience. “The program is really a ‘choose your own adventure’ project,” says Mulay. “It’s a matter of knowing who you are and following your own path.”

Whatever choices they make along the way, Post-Bac students describe leaving Scripps with increased self-confidence. They attribute it to the program’s small size, collegial culture, faculty quality, and personalized advising. “I learned a lot about myself during that year. It speaks to the transformative nature of the program. It made me feel I could take a leap professionally and academically and succeed,” says Strauss. In other words, the program is accomplishing exactly what it set out to do 25 years ago.

Ensuring this requires regular monitoring and adjustments. Scripps Post-Bac undergoes an external review every seven years; the most recent, in 2014, led to articulating teamwork, diversity, and community as core values. This year, the program introduced a new biochemical physiology course and shifted preparation sessions for the MCAT exam’s critical analysis and reasoning section to better balance the student workload.

Marking the program’s 25th anniversary offers an opportunity to look to the future as well as the past. Now that there is a sizable contingent of former Post-Bac students, Mulay seeks to engage them more deeply and build an even stronger alumni community. “We’re not resting on our laurels,” adds Preest. “We have a successful program, but we’re always looking at how we can better it.” ❁

Tiernan Turns 10

Celebrating a decade of the Sallie Tiernan Field House

BY KATIE CLELLAND '21

This past fall, the Sallie Tiernan Field House (TFH) celebrated its 10th year. At first glance, TFH may seem like just a physical fitness center, but a closer look reveals a mission focused on building a holistically healthy Scripps community.

24,000
SQUARE FEET



Along with its much-beloved pool, TFH has an aerobics studio, exercise equipment, meeting spaces and multipurpose rooms, a kitchen, and a recreational field with a sand volleyball court.

20+
WEEKLY FITNESS CLASSES



From spin and kickboxing to pilates, yoga, and morning meditation, TFH fitness classes offer something for everyone.

35+
EXERCISE MACHINES



Students, faculty, and staff can be found working out from the early morning hours until the TFH's 10:00 p.m. close.

54,000
VISITS ANNUALLY



73% of visitors are Scripps students.

40+

ANNUAL PROGRAMS
AND EVENTS

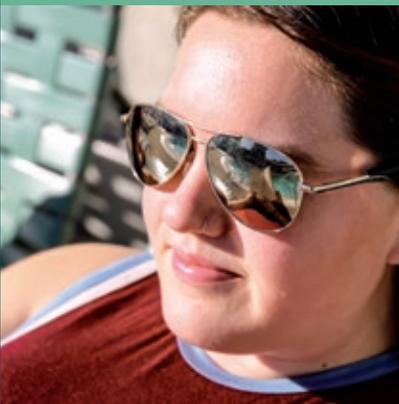


CHEST CASTING: For this extremely popular event, students celebrate their bodies by making plaster casts of their chests and decorating them.

DE-STRESS THURSDAYS: These evening sessions are opportunities to unwind through mindful activities like coloring, foam rolling, collaging, and journaling.

FRESH CHECK DAY: Focused on mental health and suicide awareness and prevention, this annual expo opens dialogue and connects students with available resources.

SURPRISING STUDY SPACES



The pool area isn't just for swimming—all year round, students can be found studying in lounge chairs or at the large tables on the nearby shaded balcony.

INSPIRING SPEAKERS



In February, TFH hosted Gloria Lucas from Nalgona Positivity Pride, an organization that offers education and community-based support for people of color who are struggling with troubled eating and poor body image.

CLORG LOVE



Students from across the 5Cs use TFH for community events, and it's also a regular meeting space for the club soccer, ultimate frisbee, and field hockey teams as well as taiko drumming, Claremont Tamasha, Groove Nation, Reverb Dance Crew, Mood Swing, and 5C Freestyle Collective.

6

PEER HEALTH EDUCATORS



Peer Health Educators (PHEs) are trained as Certified Peer Educators, a training created by the BACCHUS Initiatives of the National Association of Student Personnel Administrators. Throughout the academic year, PHEs design and implement programs and events to help cultivate a healthy student community.

A PLACE FOR COMMUNITY



No two Fridays at the Field House are ever the same. Watch a movie, make friendship bracelets, paint along with PBS star Bob Ross, play board games, or participate in a friendly round of competitive cupcake decoration—the possibilities are endless, always fun, and a great way to make new friends.

The Mind, Body, Spirit

Connection

PEER HEALTH
EDUCATORS
PROMOTE HOLISTIC
WELLNESS
ON CAMPUS

Scripps' health and wellness events are often creative and unexpected—they've included DIY Zen gardening, slime-making (it's remarkably relaxing to play with), and baking black-bean brownies.

That's why it was no surprise when some unconventional guests arrived on campus on a recent Friday in April: one Shih Tzu, a spaniel mix, and a Bouvier de Flanders.

These were no ordinary dogs—they were professionals, members of an elite group of therapy dogs from Pet Partners invited to Scripps to help students de-stress as finals week moved into full swing. Studies have shown that petting and playing with dogs can increase the human's—and the dog's—level of the “bonding” hormone oxytocin as well as lower heart rate and blood pressure.

“The Sallie Tiernan Field House [TFH] is committed to giving students the resources to develop every aspect of personal wellness,” says Deborah Gisvold, assistant dean and TFH director. As part of that commitment, Gisvold and the Division of Student Affairs staff established the Peer Health Educators (PHE) Program in 2014. A team of Scripps students tasked with developing programming and engaging in peer-to-peer coaching, PHEs cultivate

holistic well-being on campus in fun and surprising ways.

The therapy dogs' visit in April was part of Be Well Fridays, a series of monthly events run by the TFH health and wellness staff and PHEs. The PHEs also host De-Stress Thursdays, Tasty Tuesdays, and a signature event, Chest Casting, in which students apply papier-mâché to their bodies to create molds of their torsos. This annual event is “an artistic expression of body positivity,” explains Gisvold. It was started during the program's first year by Helen Thomason '18, who played an active role in promoting body positivity while a PHE, including serving on the 5C Eating Disorder Task Force.

“Health and wellness trickles into most aspects of life, especially life as a student,” Thomason reflects. “Students should have access to the health and wellness resources they need to focus on their aspirations.”

In addition to these wellness programs, PHEs also provide students with resources for professional help with mental health, addiction, or other issues.

“Over the past few years, we have had a big push on mental health, so we have responded by having more training on being a gatekeeper—a person whose role it is to provide additional resources to an individual coping with their pain,”



“Well-being is not a one-size-fits-all approach to health.”

—Deborah Gisvold,
ASSISTANT DEAN
AND TFH DIRECTOR



explains Jen Shipley, assistant director for student health and wellness at TFH, who has been overseeing the PHE program. “We really want our PHEs to learn how to refer peers to the right resources. They aren’t counselors, but they can help their peers find the resources they need.”

PHE programs have been cropping up on college campuses as part of a nationwide trend toward holistic wellness, which shifts the idea of health from just physical fitness to eight “domains”: emotional, environmental, financial, intellectual, occupational, physical, social, and spiritual.

According to Gisvold, one of the reasons PHEs are so effective is because students tend to relate well to one another: “Hearing from a peer versus someone in an authority position can go over much better.” But the PHE program doesn’t just benefit the student body, it benefits the PHEs themselves. Intensive and continuing training give them a deep and varied skill set, and some end up pursuing careers in medicine and public health. Such is the case for Thomason, who has been employed as a patient advocate at a health insurance technology start-up in San Francisco and is applying to medical school this spring.

To earn the title Peer Health Educator, new recruits go through certified peer-educator training, participate in training modules for how to plan an event and learn effective listening skills, and attend the Laspa Center for Leadership’s annual Student Leadership Institute. PHEs also attend trainings throughout the academic year, like bystander engagement training for how to identify power-based personal violence and other trainings for how to recognize peers in distress.

In addition to being game for a rigorous schedule of trainings and professional development, Gisvold says that what really sets PHEs apart is their personal commitment to and embodiment of wellness. “First and foremost, PHEs need to have a personal dedication to holistic wellness. They have to really buy into that lifestyle and the behaviors that support it. They can’t just talk the talk, they have to walk the walk. They need to

be analytic and know how to find sources and do scholarly research, know how to disseminate information and be good communicators, they need to be approachable, and they need to represent our community as good role models,” she says.

PHE Emma Ambler ’20’s passion for nutrition and community connection was on full display at a recent Tasty Tuesdays event, part of a PHE series dedicated to promoting wellness through nutrition. “Tasty Tuesdays is a group cooking activity where the idea is to find healthy recipes, talk about what each ingredient is doing, like healthy fats in avocado, while also being an education in cooking for yourself,” explains Ambler, who is majoring in English. “Eventually, I want to be a teacher, and this is great practice for having that leadership role and sharing information.”

The night’s recipe was chia pudding parfait, which Ambler selected based on the chia seed’s purported health benefits of stress-reducing magnesium and digestion-aiding fiber. Within minutes of beginning, the TFH kitchen was full of students mixing almond milk with chia seeds, using the blender, expertly chopping cucumbers, and sneaking tastes as they went (“for research purposes!” said one student, laughing). The students’ reasons for coming were as varied as the fruits and veggies being pureed; one student said she had been feeling “run down,” another said that chia pudding felt “healthy and special,” and a third admitted that she was driven by honest-to-goodness hunger.

“Women have, traditionally, been raised to nurture others,” explained Ambler as she poured layers of blended fruits and veggies into mason jars. “As Peer Health Educators, we have an amazing opportunity at Scripps, where so many students are women-identifying, to start to shift the focus to also nurturing ourselves and making fitness and wellness not just code words for weight loss, but about feeling good and being well.”

Being well, in mind and body, is what drives Lexy Mitchner ’21 in her role as a

PHE. The psychology major, who plans to go into clinical work focusing on addiction and counseling, says that directing students to resources, such as The Claremont Colleges' Monsour Counseling and Psychological Services, and promoting sexual health are the most rewarding aspects of her job. At her Friday lunchtime post at a table in Seal Court, she can usually be found handing out information about campus counseling and about STIs, substance abuse, and nutrition. She also helps facilitate Condom Canary, a free subscription service for safe-sex supplies and education.

"I really like providing my peers with information, but I especially love that I get the chance to give them materials. We recently did a de-stress kit that included colored pencils, relaxation information, earplugs, Play-Doh, and a Scripps coloring book. We also had a spring break kit that included sunscreen, hand sanitizer, and information on sun safety and hydration, safe drinking, and sleep tips," Mitchner says.

"Well-being is not a one-size-fits-all approach to health," says Gisvold. "At the Field House and through the PHE program, we aim to give each individual tools and skills to apply now and throughout their lifetime. This is a critical community initiative on campus, because if you don't have well-being, you likely don't have academic success. Wellness feeds success for a lifetime."

"The Field House really does feel like the cornerstone of Scripps," Ambler says. "Not only because of the beauty of the facility—it's also where the best programming happens."

Adds Mitchner: "It's just a hub of wellness."

From top: Lucie Wharton-Moeur '21 (left) and Alissa Elk '21 enjoy a therapy dogs visit on Bowling Green; PHEs Lexy Mitchner '21 (left) and Julia Sun '20 staff an information table in Seal Court; and PHEs Emma Williams '20 (left) and Emma Ambler '20 lead a Tasty Tuesdays event at the Sallie Tiernan Field House



Alumnae News

ANNOUNCEMENTS AND UPDATES
FOR ALUMNAE AND FAMILIES

FROM THE ALUMNAE ASSOCIATION PRESIDENT

Kendra Armer '93

My term as president of the Alumnae Association ends in June 2019, and I am excited to be passing the torch to Juanita Nash-Dahlen '72.

I feel fortunate to have maintained my connection with Scripps in the years since I graduated and to have strengthened my ties to our community during my time as president.

Reflecting on the past few years, I am most grateful to have had the opportunity to interact with so many Scripps community members. I have spoken with many of you at events on and off campus as well as through my work with the Alumnae Leadership Council and the Board of Trustees. Even if we haven't connected directly, I continue to be inspired by the time, talent, and treasure you give to Scripps. Several hundred of you volunteer for the College every year—in roles structured and informal and in ways large and small—and your collective impact has been enormous. Whether serving on a committee or meeting with a prospective student, whether sharing a job posting with Career Planning & Resources or giving an informational interview to a current student—whatever you do to strengthen our community, I send a hearty “Thank you!” Scripps is strong because our ties to each other are strong.

Scripps is not the same place it was when I was a student. While I may be nostalgic for some aspects of my experience, I'm proud of the changes that have been made and the ways in which the College has evolved. I'm also aware that we need to keep moving forward. Thank you for the constructive feedback you've shared and for all the ways you've pushed Scripps and each other to continue growing. As we advance the initiatives of the Centennial Plan, I ask you to keep pushing: keep holding the College and each other to high standards, and continue celebrating our successes!

Best wishes,



KENDRA ARMER '93

MARRIAGES

1977

Ann Alexander Walker (Denver)

Life is full of surprises. I got married on November 3 to Huntington Walker. Our children and grandchildren were an enthusiastic wedding party. Marguerite Thompson Burke and Cathy Sinclair Brooks attended.

2007

Laura Ehrlich (Novato, California)

On October 21, 2018, I married Sean Smith, surrounded by family and friends in the Presidio Chapel.

2009

Alison Clemens (New Haven, Connecticut)

I married John Varkonda in June 2018 in Taos, New Mexico. After our wedding, we traveled to Grand Teton National Park and Glacier National Park. Over the winter holidays, we traveled to Chile (Santiago and Patagonia) for our honeymoon. We look forward to continuing to live in Connecticut and exploring the Northeast together, and I am excited to travel to Eastern Europe and Asia later this year to visit new family and siblings-in-law.

2010

Emma Lord (New York) I married Riley Lewis on June 30, 2018, at Scripps.

2012

Kate Pluth (Seattle) I got married in September in Leavenworth, Washington, and was lucky to have a great turnout of Claremont friends (it helps when six of your bridesmaids are Scrippsies). I've been living in Seattle and I am the lead content strategist for a marketing agency, overseeing the content department.

BIRTHS AND ADOPTIONS

2005

Lia Morgan Camion (Union City, New Jersey) My husband, Mathieu Camion, and I welcomed baby Jade Andrea Morgan Camion, born November 25, 2018. Big sister Siena is thrilled with her sister, less thrilled with her mama.

2009

Sarah Moos Thompson (Oakland, California) In 2018, I completed a yearlong international competition on sea-level rise, the Resilient by Design Bay Area Challenge. And, most importantly, on November 13, 2018, my husband, Chris, and I welcomed our first daughter, Riley Ella Thompson, to the party.

2011

Nora Wright (West Chester, Pennsylvania) I completed a master's degree in city and regional planning at Cornell University and in May finished a master's degree in social work from West Chester University. During the summer, I celebrated my marriage to Francisco Castro with my friends from Scripps: Melissa Cober, Kelsey Langille, and Alayna Fisher. In July, we welcomed our son, Emiliano Alan, to the world.



Top: Sarah Moos Thompson '09 with her husband, Chris, and newborn daughter, Riley Ella

Center: Kate Pluth '12 at her wedding in Leavenworth, Washington, in September 2018

Bottom: Jade Andrea Morgan Camion, born November 25, 2018, to Lia Morgan Camion '05 and Mathieu Camion

1947

Nanette Brown Cadwell (Santa Barbara, California) I live in my own house in Santa Barbara and spend a lot of time at our cottage at Big Sur. I belong to a club and go to many activities there.

Patricia Odell Coulter (Shoreline, Washington) We had some forest fires but not as devastating as those in California. We had no overseas trips this year, but maybe next year.

Jeanne Johnson Harvey (Pacific Palisades, California) I live near the ocean and love looking at it and sticking my toes in it. I have a daughter near me and many friends.

1948

Mary Davis Kelly (Concord, Massachusetts) I'm fortunate to still be here and keep busy with my family.

1950

Sonya Gray Woods (Lincoln, California) I celebrated my 90th birthday on November 11, 2018.

1951

Pat Fisher-Smith Welsh (Del Mar, California) Some good, some bad this year: A beloved grandson-in-law died suddenly of pancreatic cancer. I was in an auto accident that broke my neck. On the good side: I was not killed or paralyzed and have recovered. In February, I went on a grand trip to Egypt. I enjoyed seeing Abbiegail Weiser recently, and I now have 10 great-grandchildren.

1952

Kathleen Niven Lechner (Laguna Niguel, California) Since I last wrote, my memoir, *A Valentine to Life*, has sold out! It has been a joy to get responses about my story. On a different note, I was sorry to learn Deirdre Treacy Babcock passed away. Over the years, we remained friends by correspondence, and I treasure 20 of her original holiday cards.

1953

Nancy Shroyer Howard (Colorado Springs, Colorado) If you are in Florence or Siena, Italy, you will see my guides, *Mischief in Tuscany* and *More Mischief in Tuscany*, in bookstores. They are for families or for anyone who can laugh.

1955

Yvonne Magee Blaine (Whittier, California) In April, my daughter and I followed a tip from our librarians and visited the birthplace of Ellen Browning Scripps in London. **JoAnn Benter Christian (Solana Beach, California)** I'm remembering my good years at Scripps. I've had five years living in Solana Beach with views of the ocean, with children nearby. **Brent Shaw Foster (San Diego)** My daughter Rebecca Foster '83 came from New York City to spend Christmas with me and Janet Foster '91, my younger daughter. Rebecca makes films, Janet teaches ESL and writes poetry, and I paint watercolors, portraits, and plein air. Scripps provided a wonderful beginning for each of us.

1957

Diane Divelbess (Langley, Washington) I see Maxine Borowsky Junge '59 weekly at our uninstructed drawing group. I judged the annual Carson Valley art exhibition in late October, which gave me a chance to visit my sister, Carolyn Divelbess Denning '61, in Minden, Nevada. I enjoyed being in several art shows this year and also opened my studio (printmaking and painting) for the Whidbey Working Artists Summer Open Studio Tour. I am beginning my second year as chair of the City of Langley Arts Commission. I have lots to do and I love it!

Astrid Jansa Gallagher (Arroyo Grande, California) At 83, I'm "aging" in a place surrounded by a beautiful garden, with views of the Edna Valley, south of San Luis Obispo. I'm very happy writing children's stories. **Anne Arthur Gottlieb (White Plains, New York)** Such sad news to hear about Valerie Thom Read's death on November 2, 2018. She was my first friend at Scripps, and that friendship has flourished until this day.

1959

Katherine Ruprecht Wilson (Pasadena, California) I'm looking forward to seeing Jean and Merideth and all our classmates at Reunion Weekend.

1960

Mary Eason Connor (San Marino, California) My Scripps education influenced my approach to teaching U.S. history and Asian studies and prepared me for



Left: Ann Alexander Walker '77 and Huntington Walker with their wedding party on November 3, 2018



Right: Nora Wright '11 with her son, Emiliano Alan, born in July 2018

publishing three books on Korean history and culture. **Judy Haley Goutell (Marco Island, Florida)** Every time I eat a loquat from a tree here in Florida, I remember filling a wastebasket full of them from our Scripps campus. We were always hungry! **Katie Erickson McLeod (Green Valley, Arizona)** I moved from Amarillo, Texas, some years ago. I still summer at Swan Lake, Montana. My husband died four years ago. I miss seeing the Browning girls and friends from Grace Scripps. I am 80 years old as of November 7.

1962

Susan Lovell McLaughlin (Twin Peaks, California) I'm still going strong with my small private practice in Santa Monica, California, and have moved to three acres in Lake Arrowhead with my husband, John. I continue with my music and am enjoying this mountain life! **Dee Tackett O'Neill (Tucson)** Tucson

alums have a great book club that meets monthly for discussion and a potluck.

1964

Karen Diehl Merris (Hayward, California) Two very dear Scripps friends died this year, Sharon Walther Blasgen and Anne King Gregersen '63. I miss them both very much. I look forward to my 55th reunion! **Margaret Schack Davis (Lakeside, Montana)** I continue to process photographic collections at our local art museum as a volunteer. I just completed sorting more than 15,000 slides after having looked at each one.

1965

Penny Geller Brewer (San Leandro, California) In 2018, our 75th year, Bob Brewer and I traveled to Greece, something I had wanted to do since Dr. Palmer's classes

freshman year! Greece was everything I'd hoped for.

1966

Alison Franks (Albuquerque) I am still making necklaces from vintage buttons. My husband has not yet retired. My daughter Annelise is a librarian with increasing administrative duties at the University of California, San Diego. **Emily Gill (Peoria, Illinois)** I've been retired for three years now. I am writing a book (my fourth) on conflicting interactions of the first exercise of religion. I am active in my Episcopal church and in LGBT advocacy. My husband retired in 2008, 15 years earlier than me. He is happy that I finally joined him! **Pamela Wimpless Mitchell (Irvington, New York)** Chris and I celebrated 50 years of marriage with the whole family this past summer. We also got to celebrate the 50th for Nancy Cook Aldrich and her husband, Ralph—it was great fun!

1967

Carol Crowley Lunkenheimer (Boalsburg, Pennsylvania) I moved two years ago to State College, Pennsylvania, to be near my daughter, son-in-law, and grandsons. A good move! I would love visitors if any classmates are traveling in central Pennsylvania.

1969

Judith Davies (Santa Monica, California) I have been continuing to work in multiple areas of the arts—casting bronze sculpture, combining metals with fused glass pieces, and designing and sewing dance costumes for my choreographer friends in African and Afro-Cuban dance for performances at the Santa Monica College Global Motion World Dance Company, the Leimert Park Day of Ancestors: Festival of Masks, and the Korean Cultural Center. Larry and I took two trips last year, one to Portugal and Italy, and another to Cuba, which we have visited annually for the past 19 years. It has been important both to Larry, who is a photographer, and to me, as it relates to the costumes, dance, and traditions I continue to study and appreciate. Larry exhibited photos in the Havana Biennial in April. I have been a member of the Community Emergency Response Team in Santa Monica for several years and just received my license as an amateur ham radio operator! I have been raising butterflies at home for the past three years, releasing close to 640 so far. **Lynn Randels Raskin (Washington, D.C.)** My beloved husband, Marcus Raskin, who I first met when he lectured at The Claremont Colleges for a weekend

in 1969, died a year ago on Christmas Eve. He is greatly missed by our large family. Our daughter, Eden, had a bouncing baby boy last April, adding to my nine step-grandchildren and two great-grandchildren. I have deep roots in Washington, D.C., but went back to my hometown, Fort Worth, Texas, in October to volunteer for the Beto O'Rourke Senate campaign, which was fun and encouraging. My stepson, Jamie Raskin, won his second term in Congress, representing Maryland's Eighth District, and is now part of the Democratic House leadership. I've started traveling more and hope to connect with old friends from Scripps. **Darlene Dance Townsend (Baltimore)** We became grandparents to Brady James Suzuki Townsend this past year!

1970

Mary Liz Spiess DeJong (San Francisco) My husband, George, passed away in July 2018 after a relatively short illness. Family and friends have been very supportive, but it is a big change after 39 years together. In November, Debra Marsh Hunt, Bruce Hunt (HMC '70), and I attended a spectacular retirement ceremony for Anne Maltman Campbell, who spent 40 years in education in San Mateo County. She started as a teacher, and by the time she retired had been elected county superintendent twice, so there were a fair number of politicians at the event, all of whom spoke very highly of her. **Mari Eckstein-Gower (Redmond, Washington)** My book arts career continues to flourish. My artist's book, *Soldier's Heart*, is on exhibit at the Hartsfield-Jackson Atlanta

International Airport from October 2018 through October 2019, and I have been included in shows at the Samek Art Museum at Bucknell University and the Rose Library at Emory University. In August, my husband and two friends performed at the Edinburgh Festival Fringe. I acted as front-of-house and tech helper, which was a wonderful experience.

1971

Lin Nelson Benedek (Marina Del Rey, California) My second book of poetry came out this past fall. I am currently revising a memoir manuscript and working on new poems. We are enjoying our move to Marina del Rey. **Joan Issacs (Beverly Hills, California)** This past year has been a busy, productive, and happy time for me. In July 2017, I was honored to become a member of the Scripps Board of Trustees. I'm serving as co-vice chair of the Audit, Risk, and Compliance Committee. Deborah David '72 is my capable and knowledgeable co-vice chair, and we both serve under the skilled leadership of Libby Greig DeMeo '95. I continue to be awed by the outstanding skill sets and dedication of Scripps' administration and staff and my fellow trustees, and I am proud to be able to give back to the institution that gave me so much. As a young girl, I never had a bat mitzvah, but in April 2018, after seeing a notice about the formation of an adult b'nai mitzvah class in the temple newsletter, I decided to join. At age 69, I learned how to read Hebrew, read and study Torah, and write a teaching about our Torah portion. Our b'nai mitzvahs, four bat and one bar, were



Left: Laura Ehrlich '07 and Sean Smith at their wedding in San Francisco on October 21, 2018



Center: Emma Lord '10 and Riley Lewis at their wedding at Scripps College on June 30, 2018



Right: Alison Clemens '09 and John Varkonda at their wedding in Taos, New Mexico, in June 2018

celebrated on January 5, 2019, and it was one of the most magical, spiritual, amazing experiences of my life. I was so happy that Diana Ho was also there to celebrate with me. I guess 69 really is the new 13! I continue to run a real estate investment company, but since I work for myself, I am using this time in my life to travel. My daughter, Alex, and I went to Japan last April. In February, I visited Israel on a trip sponsored by J Street Education Fund, designed to provide American policymakers and lay leaders with balanced information to lay the groundwork for pursuing Israeli-Palestinian peace through diplomacy. We were accompanied by five members of Congress. The trip was by invitation, and Beth Culp Johnson, my former Scripps roomie, had the background and experience in government to make her the perfect person to be my "plus one." In May, I celebrated my 70th birthday, and I am hoping that in July there will be a trip for Beth, our other beloved roommate,

Nancy Trimble Worthington, and me to the Okanagan Valley wine country of British Columbia. We are lifelong friends, I love them both with all my heart, and we have Scripps to thank for bringing us together! I can't wait to see everyone at our 50th reunion, if not before! [Janet Redding Richardson \(San Martin, California\)](#) After our magical trip to Yellowstone National Park and the Grand Tetons with Molly Huffman, my husband and I went back into grandparent mode. Aside from heading to New York every other month for a long weekend to serve as extra pairs of hands and date-night babysitters, we entertain our eldest grandson on FaceTime for 45 minutes to an hour and a half most nights to give his mother time to bathe the twins and give them some attention. This has required us to develop a number of age-appropriate activities to engage a toddler for that much time. I am working on developing a series of YouTube videos to help parents

who travel or are deployed and grandparents who are far away learn how to build strong relationships with young children using technology. [Kathryn Newcomer Troyer \(San Jose, California\)](#) After more than 47 years of wonderful marriage, my sweet husband, Ed (CMC '71), passed away on February 28, 2018, after fighting a two-year battle with esophageal cancer. My retirement began about a month before Ed's diagnosis, so we were able to spend many hours together. A few days before he passed, four of our six grandchildren were allowed into the hospital to visit their Poppy, despite a quarantine due to the flu outbreak. He was able to converse with each of them. Our daughters, Holea and Erin, along with Ed's older brother and sister, were also with him during the last few days of his life. He was able to keep his wry sense of humor throughout his ordeal; the hospital and cancer center nurses loved him. He is missed.

1974

Whitney de Roulet Bullock (Pompano Beach, Florida) Clark and I celebrated our 40th anniversary in Paris and then his 70th birthday in Taos, New Mexico, with all three children. Our daughter, Alex, who is 36, lives in Silver City, New Mexico, and the twins, Perry and Carroll, who are 33, live in Millbrook, New York. **Susan Rifkin (Beverly Hills, California)** I am delighted that Rita Eidson DeBoer '75 has returned to Los Angeles.

1975

Susan Anderson (Pinole, California) I am thrilled to announce that I have joined the California Historical Society (CHS) as director of collections, library, exhibitions, and programs. CHS is the official historical society of the state, established in San Francisco in 1871, with offices in Los Angeles. I am looking forward to working with you from my new statewide perch! **Constance De La Vega (Oakland, California)** I co-wrote *A Practical Guide to Using International Human Rights and Criminal Law Procedures*, which will be published by Edward Elgar in 2019. **Edith Pattou Emery (Columbus, Ohio)** My book, *West*, a novel for young adults, was released in October 2018. It's the sequel to my award-winning novel *East*; both are published by Houghton Mifflin Harcourt.

1977

Sacha de Heer Lord (Claremont, California) My daughter Emma Lord '10 was married at Scripps

to Riley Lewis (CMC '11) in a beautiful setting and ceremony! **Jacqueline Spaulding McCoy (Pasadena, California)** The adventure begins! After more than 40 years in the Los Angeles area, my husband, Perry, and I moved to Olympia, Washington, effective February 1! I (finally) retired, after more than 39 years, from AT&T (though I am still having "work-flashes"), and was ready for a change. Our son will remain in Los Angeles, where his friends and work are. We'll miss our close friends, but this isn't goodbye, just see you later! I am looking forward to further exploring a new location, learning new gardening ways, and finding a slower pace.

1978

Lindsay Bloomfield (Park City, Utah) I recently moved to Park City, Utah, to be near my brother, Brooks. It's a gorgeous summer and winter resort, and I've been enjoying retirement for three years. I've remained close to Marguerite Thompson Burke '77 and Ann Alexander Walker '77. While living in Los Angeles for 16 years, I frequently saw Molly Huffman '71 and her spouse, Lee. I also saw Pamela Wick '77, and I reunited with Leslie Lassiter '77 for a few years at Sundance, which was great. We both lived in New York City for many years and got together there often. I frequently reminisce about the extraordinary experience I had at Scripps, receiving an exceptional education and forging lifelong friendships with so many phenomenal women. Living in a cold winter climate, I also definitely miss the great weather in Southern California!

1979

Virginia Rivero Napoles (Sylmar, California) I am a delighted grandmother and enjoy our lovely Franchesca "Frankie." She was born in London, and I loved my trip to meet her in December 2017. I can't wait for our 40th reunion.

1980

Bridget Anderson Latka (San Anselmo, California) My daughter, Morgan, was married to Dan Goldman on May 5, 2018. She graduated from the UCSF School of Medicine and started her residency in pediatrics at the university hospital. I made associate head of school and turned 60. Bay Area alumnae, let's keep in touch.

1982

Gwendolen Storey Feher (Briarcliff Manor, New York) I am planning to attend Camp Scripps with Esther Chiu and Donna Cheng.

1992

Teresa Doniger (Washington, D.C.) On December 10, 2018, I was featured in *The Washington Post Magazine* discussing my work as a grief and trauma psychotherapist for the Wendt Center in Washington, D.C. **Doria Lavagnino (New York)** I continue to build CentSai, and I am starting a podcast called *SheVentures* about women doing amazing things in any field. Have a great story? Inbox me at doria@centsai.com.

1994

Gina Coffey Hattenbach (Los Angeles) Ben Hattenbach (HMC '92/'93) and I will soon celebrate 29 years together. We have a 12-year-old daughter and reside in Los Angeles.

1998

Anne Marie Purkey Levine (Portland, Maine) I am moving to Basel, Switzerland, with my family for at least a year. I am looking forward to participating in its international art scene, and I hope to connect with Scripps sisters there!

1999

April Collier Davila (La Cañada Flintridge, California) I recently sold my debut novel; it will be published in March 2020.

2003

Caitlin Phillips LeGros (Rochester, New York) I'm a certified nurse midwife just upgrading to part-time this year. I'm hoping to do a PhD in the next few years focusing on maternal morbidity and mortality. My son, Owen, is six and doing well with his autism services. Olivia is three and loving Montessori school and dancing. It's been 15 years since I went into Peace Corps Madagascar and met my husband. We've been married for 10 years this year!

2005

Rose Lachman (Jamestown, Colorado) After 19 years of teaching, I am thrilled to have opened my own piano studio in Boulder, Colorado.

2009

Ilona Zbirun-Nockles (San Diego) 2018 was crazy. I graduated from dental school, moved to San Diego, bought and renovated our first house, started residency with the Navy, and found out we are moving to Japan for two years later this summer. It's been nice to be back in SoCal; we are excited to establish roots here and hope to come back soon.

2014

Megan Pritchett (Fair Oaks, California) I finished my master's degree in career counseling in May 2019.

2016

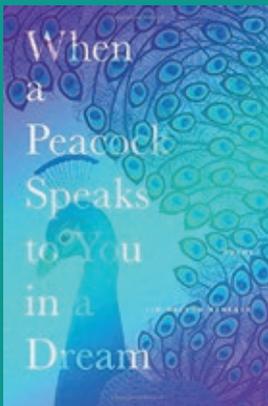
Aimee Abrams-Widdicombe (Santa Ana, California) I am a second-year student at Duke Law School.

Reunion Weekend Highlights





ManuScripps



Lin Nelson Benedek '71

When a Peacock Speaks to You in a Dream

When a peacock—the symbol of spiritual awakening—speaks to you in a dream, listen up! In this collection of poetry, Jungian imagery, impossible longing, and Rousseau’s lush jungle fantasies are juxtaposed with harsh reality: the absent father, the out-of-her-depth mom, and their inevitable divorce.

Published by Kelsay Books, September 22, 2018



Lynne Thompson '72

Fretwork

(Featuring cover art by Alison Saar '78)

Thompson’s most recent volume of poetry takes inspiration from the American immigrant story and, in the words of one reviewer, “the buttressing and fortifying of the dream with all of its inglorious and joyous plots and twists.”

Published by Marsh Hawk Press, February 7, 2019

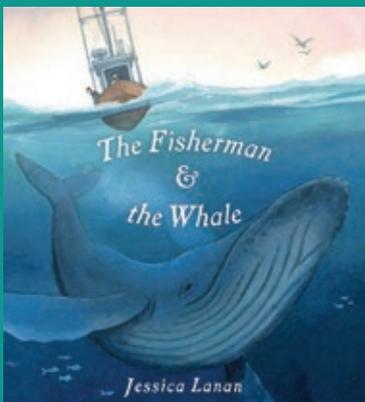


Alice Finch '96

The LEGO Architecture Idea Book

These clever LEGO-building tips will give you endless inspiration for making your own amazing mansions, castles, houses, spooky shacks, and more.

Published by No Starch Press, September 25, 2018



Jessica Lanan '06

The Fisherman and the Whale

A fisherman takes his son for a trip out on the water. When they encounter a whale entangled at sea, they realize a connection that transcends the animal kingdom.

Published by Simon & Schuster Books for Young Readers, May 14, 2019

FROM THE SCRIPPS PARENT LEADERSHIP COUNCIL CO-CHAIRS

Michele-Anne and H. Mac Riley P'18

It is a bittersweet moment for us, this last “official” message to you, as we close out our tenure as your parent leader co-chairs. We have enjoyed a terrific run over the past two years, and we are wistful about its ending.

We'd like to take this opportunity to thank the entire Scripps community for enhancing our lives. Whether through trustee committee meetings, faculty-student regional presentations, alumnae-led museum tours, donor dinners, care-package potlucks, Parent Leadership Council gatherings, admitted student greet-and-meets, Move-In Day programs, or graduation celebrations, we've come to know you well. We feel most blessed by your friendships.

Rest assured that under the superlative leadership of our president, Lara Tiedens, Scripps is at the top of its game, focused on all of the elements that make it one of the finest colleges in our country and, truly, anywhere in the world. Know that the College's hardworking board, administration, faculty, and staff are unsurpassed in their dedication to our community and to our exceptional students. The impact of a Scripps education will continue to demonstrate this as we approach our 100th anniversary and the College takes on another exciting century.

Your voice, support, and philanthropy really matter. We have witnessed the important results of your efforts firsthand in so many different ways. We ask that you continue to make a positive difference on behalf of Scripps College, the women's college. Count on us to do so as well. As it is for you, our connection to Scripps is a lifelong journey.

With warmest wishes,

Michele Anne Riley H. Mac Riley

MICHELE-ANNE AND H. MAC RILEY P'18



2019 Alumnae Association Award Winners

BARBARA BROOKS TOMBLIN '66 DISTINGUISHED ALUMNA OF THE YEAR

Barbara is a U.S. military historian and the author of five books and numerous journal articles. Raised in a post-World War II era steeped in military pride, she had hoped to follow in her grandfather's footsteps and secure an appointment as a midshipman at the U.S. Naval Academy, but women were not admitted until the mid-1970s. At Scripps, Barbara studied European history under professor Neal Brogden and, after taking professor John Kemble's Modern Maritime and Naval History class at Pomona College, became particularly intrigued with naval history.

Barbara married Fred Tomblin (HMC '63) two weeks after graduation. They moved to Washington, D.C., in 1967, and Barbara spent the early days of her marriage at the archives of the Navy Yard, conducting primary research about Allied naval operations in the Mediterranean during World War II, which she would eventually publish 37 years later. While raising her two daughters, Brooke and Page, in New Jersey, Barbara collected oral histories from women who had served in the armed forces during World War II, exploring the challenges those women faced. Publishing houses and academic presses had little appetite for women's military history at the time, so it wasn't until 1996 that she was finally able to publish *G.I. Nightingales: The Army Nurse Corps in World War II*.

After earning a doctorate from Rutgers University in U.S. history in 1988, Barbara taught military history at Rutgers and at several community colleges. Her latest book, *Life in Jefferson Davis'*

Navy, focuses on the experiences of the officers and sailors of the Confederate States Navy.

Barbara is a leader in her community, pursuing social justice and outreach projects through the United Methodist Church, where she has served as a diaconal minister for over 25 years. A generous philanthropist and volunteer, she is a frequent workshop speaker at Camp Scripps, sharing her deep knowledge of military history as well as tips on writing and publishing. She is currently working on biographies of early Scripps trustee Margaret Fowler and Ann Slocum, a U.S. Army nurse who served in England, France, and Germany during WWII and the mother of Ellen Rissman-Wong '79. Barbara's daughter, Brooke Tomblin, graduated from Scripps in 1992, and her granddaughter, Grace Tomblin Marca, is a first-year student.



DEVANIE DÓÑEZ '94 VOLUNTEER OF THE YEAR

A native of Pomona, California, Devanie graduated from Scripps with a degree in history. After working for former Lieutenant Governor Gray Davis and as a parliamentary aide to the Irish Senate in Dublin, Devanie spent nearly a decade in Washington, D.C., as a healthcare advocate and organizer on behalf of underserved children and families. While she was at the Children's Defense Fund, her field office was responsible for mobilizing thousands of activists across the country to lobby Congress for the Children's Health Insurance Program (CHIP). She was also instrumental in launching the Children's Dental Health Project, a nonprofit targeting low-income



and homeless children who are covered by CHIP or Medicaid but who are unable to find dentists who accept their insurance.

After taking a few years off to focus on raising her two children, Devanie embraced a new career path in education. She has taught AP U.S. History and Government at the same all-girls' high school she attended, mentoring many young women who, like her, will be among the first in their families to attend college.

This year, Devanie is celebrating her 25th class reunion and over 25 years of service to the College. In addition to serving on every reunion planning committee since 1994, she has been a member of the Alumnae Leadership Council for the past 10 years. She has also chaired the Lois Langland Alumna-in-Residence Committee, served on the Leadership Development Committee, twice represented Camp Scripps as a tri-chair of the Camp Creative Caucus, and been a trustee of the College for the past five years.

ELI WINKELMAN '07 OUTSTANDING RECENT ALUMNA

During her first year at Scripps, Eli cofounded the original chapter of Challah for Hunger, a student-run challah-baking group that donates proceeds from the sale of the traditional Jewish braided bread to social justice causes. After graduating in 2007, she established Challah for Hunger as a 501(c)(3) nonprofit with support from the Clinton Family Foundation. Challah for Hunger now has a network of more than 100 chapters across the U.S., Canada, and Australia. Eli served on the Challah for Hunger board of directors until 2018.

In 2013, Eli opened CRAFT—a walk-in art studio for adults—in her hometown of Austin, Texas. CRAFT offers an all-you-can-make buffet of arts and crafts opportunities for an hourly rate. It also sponsors approximately 30 workshops per month for experienced crafters and novices alike on everything from pickling to macramé to screen-printing to soap making. Eli's joy in making art, along with her commitment to the shared economy ideal, led her to found CRAFT. She has described Challah for Hunger and CRAFT as sharing in a common goal to create opportunities where “people come together to make things with their hands.”

In 2007, when President Bill Clinton visited the Scripps campus, Eli boldly presented him with a challah. Clinton subsequently featured her in his book *Giving: How Each of Us Can Change the World* as an example of compelling giving.



Remembrances

THE COLLEGE HAS LEARNED OF THE PASSING OF THE FOLLOWING ALUMNAE AND SCRIPPS COMMUNITY MEMBERS.



1936

Jane Tait Baldwin, of Portland, Oregon, in fall 2018.

1939

Elizabeth Spalding Boynton, of Honolulu, on February 25, 2019. Upon graduating from Scripps,

Elizabeth returned to Hawaii, where she married Anthony Burnham Boynton and raised three children in Kailua, Oahu. She was a very curious and caring person who enjoyed a variety of activities, including foreign travel, French classes, artwork, and the symphony. She was also an active volunteer in the community and enjoyed having engaging conversations with most everyone she met.

“I will always remember her beautiful smile and vibrant energy. We had such great conversations together,” a friend and caregiver recently recalled. Elizabeth also had a great sense of humor, which often put friends and acquaintances at ease in challenging times. She was full of enthusiasm and *joie de vivre*. She is survived by two of her children, two grandchildren, and four great-grandchildren.



Top row, from left:
Mary Ann Youlden McNamee '55,
Barbara Coleman '59,
and Sandra Grace Haselton Whitehouse '60

Bottom row, from left:
Barbara "Barb" Boyd '65,
Carolyn Scheller Khoury '66,
and Heidi Zingsheim '82

1944

Janice Boadway Hogan,
of La Verne, California,
on December 14, 2018.

1946

**Eugenia "Gene" Louise Bird
Ackerman**, of Columbus, Ohio,
on December 13, 2018. Gene was

born in Bala Cynwyd,
Pennsylvania; her father, an
Episcopalian minister, died when
she was seven years old, and her
mother died when she was 13.
Gene transferred from Wellesley
College to Scripps and later
attended Bank Street College
of Education in Manhattan.
She married Ken Ackerman in
1957, and the couple moved to
Columbus, where Gene became
a nursery school teacher. Over

their 61 years of marriage,
Gene and Ken traveled to every
continent except Antarctica.
After retiring from teaching,
Gene took delight in being a
docent at the Columbus Zoo
and Aquarium, specializing in
gorillas. She will be remembered
for her warmth, her love of family,
and her passion for young
children, with whom she had an
uncanny ability to communicate.
She also loved cards, gardens,

and dogs—including, most recently, her devoted rescue dog, Sammy. Gene is survived by her three children and seven grandchildren.

1949

Sally Ann Eppenstein, of San Francisco, on February 23, 2019. Raised in Chicago, Sally's parents were James F. Eppenstein, a prominent modernist architect, and Louise Kohn Eppenstein, a children's book writer. She attended Scripps and then the Art Institute of Chicago, where she studied painting. Sally married Allen Harvey Salans in 1952, and they moved to San Francisco, where Harvey set up a medical practice and they raised four children. Sally joined San Francisco Women Artists and obtained her BA in art and art therapy from Lone Mountain College in 1977. She was an art instructor in the San Francisco public schools for eight years, worked briefly with pediatric cancer patients at UCSF, and then began teaching art to children in her home studio. Sally stayed active through her later years, volunteering, greeting her dog-walker buddies at Baker Beach, and, perched aside an open living room window, serenading the neighborhood with strains of Rachmaninoff from her beloved piano. She is survived by her four children and eight grandchildren.

Dolores Mae Epperheimer, of San Bernardino, California, on October 28, 2018. Dolores graduated from Scripps and

married Bill Epperheimer in 1949. The couple had three children, and Dolores taught elementary school in the San Bernardino Unified School District for 28 years. She was one of the first teachers in her district to bring computer science education into the classroom. In 1991, Dolores earned her MA at Cal State University, San Bernardino. She was active in her community as a member of the San Bernardino Assistance League and as president of Casa Ninos, auxiliary to the California Children's Home Society, and the Delta Kappa Gamma Society. After retiring in 2000, Dolores traveled extensively all over the world; she spent her 80th birthday touring the Egyptian pyramids. She loved a good book and adored engaging her book club friends in lively discussion. You could also count on her for a review of the latest movie, play, or TV drama, many of which she watched on her iPad after updating her Facebook page. She was a woman who kept up with the times! She is survived by two of her children, two grandchildren, and two great-grandchildren.

Helen Farnsworth Swanson, of Lake Forest, California, on January 26, 2019. Helen and her twin brother, Tom, were born in Birmingham, Alabama. She attended Scripps for one year before transferring to UCLA, where she was a member of the Kappa Kappa Gamma sorority. Helen married Bernard Swanson in 1948, and they had three children. Helen was known for her Christmas English toffee, and her favorite pastimes

included tennis, bridge, and needlepoint. She was a Girl Scout leader for 20 years when her daughters were young, and she also volunteered at Children's Hospital Los Angeles. She always took time to help elderly church members and neighbors in need. She delighted in slipping her children and young grandchildren a 20-dollar bill when they visited. As the children grew older, she further enriched their lives by taking them on trips of a lifetime to Sweden, England, Scotland, Ireland, and Hawaii. Helen is survived by her children, four grandchildren, and six great-grandchildren.

1950

Jane Webster Newton, of Corvallis, Oregon, on November 26, 2017. Jane's father was in the United States Foreign Service, so she attended schools in Madison, Wisconsin; Washington, D.C.; and Turkey before enrolling at Scripps. After graduating, she attended nursing school at Columbia University, earning her BSN in 1952 and working as a registered nurse for two years. In 1954, Jane wed Mike Newton in Vermont; the couple was married for 63 years. Jane left her nursing career to raise her children and volunteer for organizations including the League of Women Voters and Planned Parenthood. She also worked on many local and state political projects and was a hospice volunteer for Benton Hospice Service and Interfaith Caregivers for more than 30

years. A spirited and avid deep thinker, she often wrote letters to the editor of the *Corvallis Gazette-Times* on her many issues of passion. Jane was a devoted Christian who loved her community and nation and was generous to the depths of her heart. She is survived by her husband, two children, and numerous grandchildren and great-grandchildren.

1955

Mary Ann Youlden McNamee, of Pacific Palisades, California, on December 30, 2018. Born in Montana, Mary Ann first visited Southern California to march in the 1948 Rose Parade with the Butte High School marching band. Los Angeles was home for most of her life as she built a career and raised a family. After graduating from Scripps, Mary Ann earned her master's degree in education from UCLA. She taught reading at Corpus Christi School in Pacific Palisades and, toward the end of her four-decade career there, was appointed vice principal. She loved teaching, and nothing made her happier than seeing a child reading. While at Scripps, Mary Ann met Larry McNamee, and they were married in 1956; the couple lived in Claremont and Las Vegas before settling in Pacific Palisades in 1962. True to her Montanan upbringing, Mary Ann could clean a fish, giddy up a horse, and turn huckleberries into delicious pie. She loved to travel and especially enjoyed visiting the Holy Land with her fellow Corpus Christi

parishioners. Mary Ann and Larry adored their family and spent nearly every summer of their lives with them at their Montana cabin at Moose Lake. Reading sustained her soul, and she cherished quiet afternoons at the lake, a good book in her hand and the warm sun at her back. Strong-willed, loyal, and compassionate, she loved a good joke, rooted for the underdog, and gave out big hugs. She is survived by her three children and six grandchildren.

1956

Susan Elizabeth Cole, of Westminster, California, on January 5, 2019.

1959

Barbara Coleman, of Newbury Park, California, on December 16, 2018. Barbara was born in Berlin and was sent to North Hollywood, California, in 1949 to live with her aunt and uncle. After one year of "visiting," she decided to stay on to attend middle school and high school, and she became a U.S. citizen at age 18. Her parents and a sister eventually joined her in the U.S. Barbara graduated from Scripps with a BA in psychology and a minor in math and went on to build a successful career in the insurance business. She enjoyed traveling, opera, and classical music. She is survived by a sister and two cousins in Germany.

1960

Sandra Grace Haselton Whitehouse, of Bishop, California, on January 20, 2019. Sandra earned her BA from Scripps, married Timothy Whitehouse, and raised three children in Thousand Oaks, California. She was a master seamstress and quilter, avid reader, and talented painter. She pursued travel and adventure, and her lifelong love of the mountains brought her to Bishop, where she spent her retirement years building her dream home, hiking, canoeing, horseback riding, quilting, and nourishing her Catholic faith through mass and community volunteerism. She is survived by her three children, six grandchildren, and great-grandchild.

1962

Barbara Bretz Heisinger, of Cedar Falls, Iowa, on January 2, 2019. Barbara was born in Bryan, Texas. She attended Scripps and then the University of Missouri, graduating with a BS in botany. She married James Heisinger in 1962; a homemaker, she later obtained her MS in library science from Emporia State University and worked as a librarian at the University of South Dakota School of Law. She is survived by her husband, two children, and three grandsons.

1965

Barbara “Barb” Boyd, of Redondo Beach, California, on December 3, 2018. Barb graduated from Scripps with a BA in education; she later earned her MA in the subject. She taught eighth-grade social studies in the Glendora School District for 34 years. At Sandburg Middle School, Barb was a two-time mentor teacher and served for many years as the Social Studies Department chair and a Glendora Teachers Association representative. After she retired, Barb moved to Redondo Beach to be closer to her family. She maintained a very active life, including volunteering at Torrance Memorial Hospital, where she logged 2,600 hours. She was also a member of the Redondo Beach Women’s Club and a eucharistic minister to the sick. Barb was an avid sports fan who knew the batting averages of most Los Angeles Dodgers players as well as stats for each Laker. Her favorite retirement activity was traveling, and she was packing for a trip to Asia when God called her home. Barb was always doing something for someone, whether family member or friend, and she was loved by all who knew her.

1966

Carolyn Scheller Khoury, of Del Mar, California, on January 20, 2019. Her family writes: “Carolyn loved the beach, she loved the mountains, she loved her large, blended family, and she loved life.

She left us in our arms, her blue eyes wide open, and we gasped as all signs of the brain cancer disappeared from her beautiful face and the years melted away before our eyes. She is still our light, but just in a different place, and we talk to her daily. We will meet her again in that different place.”

1982

Heidi Zingsheim, of Palm Springs, California, on July 26, 2017. Heidi focused on international finance at Scripps and, as part of her college experience, she studied abroad at the University of Cairo, which seemed to ignite her love of international travel. Her career in the hospitality industry began early, and she quickly moved into revenue management with the Ritz-Carlton hotel company, managing inventory for hotels in Kansas City; Naples, Florida; Jamaica; St. Thomas; and Kapalua, Hawaii. Heidi was also selected to direct a customer service team in Salt Lake City for several years, and she was a revenue manager for hotels in Coronado Island, California; Sea Island, Georgia; Scottsdale, Arizona; and Palm Springs. Her expertise in the industry was well known, and competing hotel chains often attempted to recruit her. Wherever she was located, Heidi’s teams adored her, and she was known for her generosity, compassion, kindness, and creativity. She mentored many future managers and leaders within the industry, and her expertise was invaluable to many.

Heidi is survived by her sisters, nieces, and nephews.

PARENTS AND FRIENDS

Elizabeth “Betty” Weinberg P’74, of Marion, Massachusetts, on December 25, 2018. Betty was married for 59 years to former chairman of the Scripps Board of Trustees Sidney James “Jim” Weinberg, Jr., who died in 2010. Known for her strong opinions and high standards, she was nonetheless fiercely loyal, completely genuine, and had a wonderful sense of humor. She was loved by her legions of friends, her children’s friends, and the scores of people from all walks of life with whom she worked side by side for decades. Her gregarious personality, sociability, and sense of style were the perfect offset to her beloved husband’s gentle intellectualism and spartan tastes. A totally engaged participant in everything that she took on, Betty made lasting contributions to many institutions, including Tobey Hospital and the New Bedford Whaling Museum, both in Massachusetts, and Memorial Sloan Kettering in New York. Betty’s life ended in Marion, where her mother’s family have been residents for over 100 years. She knew everyone in the town and was loved for her generosity and energy. Betty is survived by three children from her first marriage to the late James B. McCord (Jay McCord, Alan

McCord, and Laurie Grauer), three children from her marriage to Jim Weinberg (Betsy Smith '74, Sydney Weinberg, and Peter Weinberg), 12 grandchildren, and eight great-grandchildren.

Blake Nordstrom P'12, of Seattle, on January 2, 2019. Blake was the great-grandson of John Nordstrom, who founded Nordstrom Department Stores in Seattle in 1901. Blake grew up on Mercer Island and attended the University of Washington. In 2001, he and his two brothers became co-presidents of Nordstrom. Over the past two decades, Blake helped oversee numerous expansion efforts, including growing Nordstrom Rack, establishing an experimental store in New York City that donated all profits to charity, and opening stores in Canada and Puerto Rico. During Blake's tenure, Nordstrom saw revenues steadily increase, and those who worked with Blake knew of his passion and deep commitment to employees, customers, and the communities served by the company.

Warren Brooks Williamson, of Pasadena, California, on March 16, 2018. Warren was born in Los Angeles in 1928, the son of Frederick Warren Williamson and Ruth Chandler Williamson. Ruth was the daughter of Harry Chandler, publisher of the *Los Angeles Times*, and Warren remained involved in the family business, serving on the boards of the Times Mirror Company and the *Los Angeles Times* for many years. In 1951, he

received his college degree from Claremont Men's College (now Claremont McKenna College) and married the love of his life, Alyce de Roulet, in 1954. Warren began his professional career as an executive at Mobil Oil and later joined the investment firm Crowell, Weedon & Co., where he was named general partner in 1976, retiring in 1990 after 20 years of service. Known as "Spud" to friends and family, Warren has been described by many as a true gentleman. He was a voracious reader and a walking encyclopedia, and his sense of humor was incomparable. He was famous for his eulogies, which he ironically referred to as "life-shortening experiences." Warren always wanted to keep things "short and sweet"—whether a simple toast or a business presentation—except for his annual birthday celebration surrounded by family, which was never long enough. For more than 50 years, Warren raced and bred champion thoroughbreds, Breeders' Cup contenders, and stakes winners, including Blending Element, Foxysox, Tiz Elemental, and, most recently, Texas Ryano, his first retired stallion. He served on the boards of Hollywood Park and the Oak Tree Racing Association as well as many Los Angeles-area institutions, including ArtCenter College of Design, Claremont McKenna College, Good Samaritan Hospital, and the LA Philharmonic. He is survived by his wife, three children, and seven grandchildren.

POSTSCRIPPS

By Joslyn Smith '04

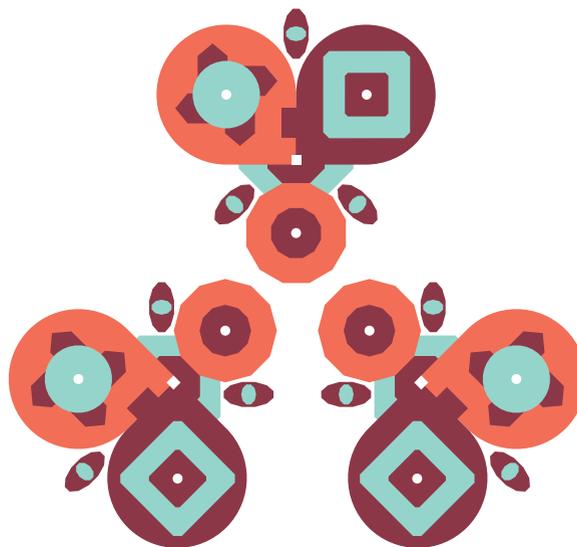


Illustration by Nathan Stock

When I think of the trajectory of both my personal and professional life, being a student at Scripps—and in Claremont—clearly was a pivotal point. Before I moved from rural Arkansas to campus, I was an expert in running from my body. Once at Scripps, that running culminated and exploded into what, by anyone’s standards, resembled collapsing and falling apart, emotionally and physically. Less clear was that I was taking my first steps toward healing and back to my body.

Along with the clinical expertise and commitment of mental health providers in town, my healing was encouraged through academics at Scripps, when I became curious about and, when appropriate, able to critique the ways I’d communicated using my body over the previous decade or more. This was specifically true as I pursued my major in studio art with the advisement and unwavering encouragement of Professor of Art Susan Rankaitis. After returning from a summer mostly lost to a suicide attempt followed by inpatient eating-disorder treatment in Iowa, my first assignment in photography class was to create slides and find a song that illustrated how I spent my summer. Concerned about how to approach the assignment, I met with Professor Rankaitis. I’ll never forget her response: “Well, I guess you can be honest, or you

can fib and say you vacationed in the Midwest. My understanding is that eating disorders thrive on shame, so I’d suggest you be honest.” I did exactly that, and truthfulness about my eating disorder and constant conflict with my body became the basis for my creative and professional pursuits moving forward.

Since my time at Scripps, I’ve been fortunate to work on federal eating-disorder policy initiatives alongside then Senator Hillary Rodham Clinton, at the American Psychological Association and Binge Eating Disorder Association, and, most recently, at the National Eating Disorders Association. In addition to jumpstarting my personal healing, my time at Scripps taught me the importance of questioning and critiquing the status quo. This has been of paramount importance as I sift through research and information related to health and wellness, specifically about what it means to be “healthy.”

I am grateful for the opportunity to pen this PostScripps submission, and I look forward to watching—and, when possible, contributing to—how Scripps supports women in our personal and professional pursuits (especially questioning and critiquing with an intersectional and social-justice-focused lens) related to celebrating all bodies.

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